

## The Truth An Uncomfortable Book About Relationships

The Business of the Church  
The Truth  
Everyone Loves You When You're Dead  
The New Wild  
The Truth  
Talking to 'Crazy'  
The Truth About Men  
The Truth  
The Truth  
The Uncomfortable Truth  
Rules of the Game  
Seven Deadly Sins  
A Delicate Truth  
Unsavory Truth  
Emergency  
The Truth  
Blissfully Blended Bullshit  
The Game  
Myth of 'Free Media' and Fake News in the Post-Truth Era  
Uncomfortable  
Don't Try This at Home  
Why Racism Persists  
Embracing Uncomfortable  
The Uncomfortable Truth  
Requiem for a Species  
Everything Is F\*cked  
An Inconvenient Truth  
Do We Need Pandas?  
The Truth  
Scarlet and Black  
In the Dream House  
The Truth Is  
An Uncomfortable Friendship  
Merchants of Truth  
The Giving Tree  
The Uncomfortable Truth  
The Corn Stalker  
Living the Truth  
Things That Make White People Uncomfortable (Adapted for Young Adults)  
This Is Awkward

### The Business of the Church

Rebecca Eckler's newest book chronicles the hard truth of what it's really like to make a blended family. *Blissfully Blended Bullshit* is a witty, engaging, refreshingly candid chronicle of a modern family's journey as they blend households. We follow Eckler as her partner and his two children move in with her and her daughter. Then, thanks to a reverse vasectomy, they add a baby to the mix. Readers go along for the ride in this poignant, often hilarious tale, as everyone attempts to navigate their new roles: the children, the in-laws, the exes, the ex-in-laws, and even the dog. Lighthearted and intimate, this is an indispensable story about a family determined to make blended splendid, and the juicy truth of what it's really like behind closed doors in what is rapidly becoming a typical family makeup. Still, if Eckler had to blend again, would she?

### The Truth

This is not a journey that was undertaken for journalistic purposes. It is a painfully honest account of a life crisis that was forced on me by my own behavior and its consequences. "As such, it requires sharing a lot of things I'm not proud of—and a few things I feel like I should regret a whole lot more than I actually do. Because, unfortunately, I am not the hero in this tale. I am the villain." So begins Neil Strauss's long-awaited follow-up to *The Game*, the funny and slyly instructive work of immersive journalism that jump-started the international "seduction community" and made Strauss a household name—revered or notorious—among single men and women alike. In *The Truth*, Strauss takes on his greatest challenge yet: Relationships. And in this wild and highly entertaining ride, he explores the questions that men and women are asking themselves every day: Is it natural to be faithful to one person for life? Do alternatives to monogamy lead to better relationships and greater happiness? What draws us to the partners we choose? Can we keep passion and romance from fading over time? His quest for answers takes him from Viagra-laden free-love orgies to sex addiction clinics, from cutting-

edge science labs to modern-day harems, and, most terrifying of all, to his own mother. What he discovered changed everything he knew about love, sex, relationships, and, ultimately, himself. Searingly honest and compulsively readable, The Truth just may have the same effect on you. If The Game taught you how to meet members of the opposite sex, The Truth will teach you how to keep them.

### **Everyone Loves You When You're Dead**

Neil Strauss became famous to millions around the world as the author of *The Game*, a funny and slyly instructive account of how he transformed himself from a scrawny, insecure nerd into the ultra-confident, ultra-successful “pickup artist” known as Style. The book jump-started the international “seduction community,” and made Strauss a household name—revered or notorious—among single men and women alike. But the experience of writing *The Game* also transformed Strauss into a man who could have what every man wants: the ability to date or have casual sex with almost every woman he met. The results were heady, to be sure. But they also conditioned him to view the world as a kind of constant parade of women, sex, and opportunity—with intimacy and long-term commitment taking a back seat. That is, until he met the woman who forced him to choose between herself and the parade. The choice was not only difficult, it was wrenching. It forced him deep into his past, to confront not only the moral dimensions of his pickup lifestyle, but also a wrenching mystery in his childhood that shaped the man that he became. It sent him into extremes of behavior that exposed just how conflicted his life had become. And it made him question everything he knew about himself, and about the way men and women live with and without each other. He would never be the same again. Searingly honest, compulsively readable, this book may have the same effect on you.

### **The New Wild**

Exposes the uncomfortable truth about the nature of sin and how its crafty characteristics often seep into the cracks of our lives when we least expect it, discussing how the sins of pride, envy, anger, slothfulness, greed, gluttony, and lust have masked themselves in today's technology and culture. Original.

### **The Truth**

Step into the booth. Check your judgments at the curtain. Close your eyes. Listen: you can hear the voices of the visitors who sat here before you: some of the most twisted, drug-addled, deviant, lonely, lost, brilliant characters ever to be caught on film. What do you have to offer the booth?

## Talking to 'Crazy'

Neil Strauss can uncover the naked truth like nobody else. With his groundbreaking book *The Game*, Strauss penetrated the secret society of pickup artists. Now, in *Everyone Loves You When You're Dead*, the Rolling Stone journalist collects the greatest moments from the most insane music interviews of all time. Join Neil Strauss, "The Mike Tyson of interviewers," (Dave Pirner, *Soul Asylum*), as he Makes Lady Gaga cry, tries to keep Mötley Crüe out of jail & is asked to smoke Kurt Cobain's ashes by Courtney Love Shoots guns with Ludacris, takes a ride with Neil Young & goes to church with Tom Cruise and his mother Spends the night with Trent Reznor, reads the mind of Britney Spears & finds religion with Stephen Colbert Gets picked on by Led Zeppelin, threatened by the mafia & serenaded by Leonard Cohen Picks up psychic clues with the CIA, diapers with Snoop Dog & prison survival tips from Rick James Goes drinking with Bruce Springsteen, dining with Gwen Stefani & hot tubbing with Marilyn Manson Talks glam with David Bowie, drugs with Madonna, death with Johnny Cash & sex with Chuck Berry Gets molested by the Strokes, in trouble with Prince & in bed with . . . you'll find out who inside. Enjoy many, many more awkward moments and accidental adventures with the world's number one stars in *Everyone Love You When You're Dead*.

## The Truth About Men

Former executive editor of *The New York Times* and one of our most eminent journalists Jill Abramson provides a "valuable and insightful" (*The Boston Globe*) report on the disruption of the news media over the last decade, as shown via two legacy (*The New York Times* and *The Washington Post*) and two upstart (*BuzzFeed* and *VICE*) companies as they plow through a revolution that pits old vs. new media. "A marvelous book" (*The New York Times Book Review*), *Merchants of Truth* is the groundbreaking and gripping story of the precarious state of the news business. The new digital reality nearly kills two venerable newspapers with an aging readership while creating two media behemoths with a ballooning and fickle audience of millennials. "Abramson provides this deeply reported insider account of an industry fighting for survival. With a keen eye for detail and a willingness to interrogate her own profession, Abramson takes readers into the newsrooms and boardrooms of the legacy newspapers and the digital upstarts that seek to challenge their dominance" (*Vanity Fair*). We get to know the defenders of the legacy presses as well as the outsized characters who are creating the new speed-driven media competitors. The players include Jeff Bezos and Marty Baron (*The Washington Post*), Arthur Sulzberger and Dean Baquet (*The New York Times*), Jonah Peretti (*BuzzFeed*), and Shane Smith (*VICE*) as well as their reporters and anxious readers. *Merchants of Truth* raises crucial questions that concern the well-being of our society. We are facing a crisis in trust that threatens the free press. "One of the best takes yet on journalism's changing fortunes" (*Publishers Weekly*, starred review), Abramson's book points us to the future.

## The Truth

As *The Giving Tree* turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a household classic that will now reach an even wider audience. Never before have Shel Silverstein's children's books appeared in a format other than hardcover. Since it was first published fifty years ago, Shel Silverstein's poignant picture book for readers of all ages has offered a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return. Shel Silverstein's incomparable career as a bestselling children's book author and illustrator began with *Lafcadio, the Lion Who Shot Back*. He is also the creator of picture books including *A Giraffe and a Half*, *Who Wants a Cheap Rhinoceros?*, *The Missing Piece*, *The Missing Piece Meets the Big O*, and the perennial favorite *The Giving Tree*, and of classic poetry collections such as *Where the Sidewalk Ends*, *A Light in the Attic*, *Falling Up*, *Every Thing On It*, *Don't Bump the Glump!*, and *Runny Babbit*. And don't miss these other Shel Silverstein ebooks, *Where the Sidewalk Ends*, and *A Light in the Attic*!

## The Truth

"[Goulston's] ideas are a bit counter-intuitive but they really do shift the dynamic and help people diffuse and disarm the irrational person leading to more positive outcomes." -- Online MBA Because some people are beyond difficult Let's face it, we all know people who are irrational. No matter how hard you try to reason with them, it never works. So what's the solution? How do you talk to someone who's out of control? What can you do with a boss who bullies, a spouse who yells, or a friend who frequently bursts into tears? In his book, *Just Listen*, Mark Goulston shared his bestselling formula for getting through to the resistant people in your life. Now, in his breakthrough new book *Talking to Crazy*, he brings his communication magic to the most difficult group of all—the downright irrational. As a psychiatrist, Goulston has seen his share of crazy and he knows from experience that you can't simply argue it away. The key to handling irrational people is to learn to lean into the crazy—to empathize with it. That radically changes the dynamic and transforms you from a threat into an ally. *Talking to Crazy* explains this counterintuitive Sanity Cycle and reveals: Why people act the way they do • How instinctive responses can exacerbate the situation—and what to do instead • When to confront a problem and when to walk away • How to use a range of proven techniques including Time Travel, the Fish-bowl, and the Belly Roll • And much more You can't reason with unreasonable people—but you can reach them. This powerful and practical book shows you how.

## The Uncomfortable Truth

Pastors are called to be not only leaders with vision, but also managers of congregational systems, says John Wimberly in *The Business of the Church*. Drawing on his thirty-six years in ordained ministry, Wimberly weaves the realities of

congregational dynamics and faith-centered purpose together with practical, proven approaches to business management. A student and friend of Rabbi Edwin Friedman, Wimberly builds on Friedman's systems theory as he helps readers avoid common pitfalls and put into practice effective techniques of congregational management. The book begins with a foundational discussion of how a systems approach helps congregational managers identify areas of dysfunction and effective solutions. Managing the critical 'inputs' of people, facilities, and finances has a direct bearing on the desired 'outputs' of proclamation, pastoral care, and mission. A strategic plan, through which a congregation sets its goals and identifies and prioritizes resources, is an essential management tool for both pastors and lay leaders. The author's conversational writing style and many real-life examples make a seemingly complicated, mysterious topic for some an engaging and easily applicable read.

### **Rules of the Game**

If you want to play the Game, you've got to know the Rules. In his international bestseller *The Game*, Neil Strauss delved into the secret world of pick-up artists—men who have created a science out of the art of seduction. Not only did he reveal the techniques that they had developed, but he became a master of *The Game*, and the world's No. 1 PUA, as *Style*. Now, in this bestselling companion, Strauss reduces three books of life-changing knowledge into a single-volume set. The first book, *The Stylelife Challenge*, breaks down the knowledge he learned and techniques he invented into simple step-by-step instructions that anyone can follow to meet and land the women of their dreams. In the second book, Strauss takes readers into the dark side of *The Game*. *The Style Diaries* offers a series of tales of seduction and sexual (mis)adventure. From accidentally getting married during a drunken night in Reykjavik, to luring a famous musician's granddaughter into a threesome; to the stress and frustration of the torturous and highly unorthodox "30 Day Sex Experiment," *The Style Diaries* takes you further into the seduction underworld than ever before. Finally, in the all-new, updated third volume, Strauss collects the greatest, most powerful, field-tested, word-for-word routines. You don't need money, looks, or fame to succeed with women. All you need is an understanding of how attraction works—and this thirty-day workout program for your social skills, which has already guided countless men from frustration to fulfillment.

### **Seven Deadly Sins**

The former vice-president details the factors contributing to the growing climate crisis, describes changes to the environment caused by global warming, and discusses the shift in environmental policy that is needed to avert disaster.

### **A Delicate Truth**

“One of the 33 books everyone should reading before turning 30.” — The Independent "I am not the hero in this story . . . I am the villain." In this highly acclaimed and revelatory classic, New York Times and Rolling Stone journalist Neil Strauss embarks on a deeply personal quest to discover why the rate of infidelity, divorce, and marital unhappiness is so high - and what we can do about it. In this quest to heal his intimacy issues, he explores love addiction and love avoidance; sex addiction and sex anorexia; enmeshment and abandonment; and, most importantly, why so many people attract the partners most likely to wound them. What he discovers about himself—and what you will discover about yourself and your partners from reading this—will change the way you date, love, and commit.

### **Unsavory Truth**

NO MORE GAMES. IT'S TIME FOR THE TRUTH. Neil Strauss made a name for himself advocating freedom, sex and opportunity as the author of *The Game*. Then he met the woman who forced him to question everything. Neil's search for answers took him from Viagra-laden free-love orgies to sex addiction clinics, from cutting-edge science labs to modern-day harems, and, most terrifying of all, to his own mother. What he discovered changed everything he knew about love, sex, relationships and, ultimately, himself. *The Truth* may have the same effect on you.

### **Emergency**

Telling the truth versus a comfortable lie has always been my motto. The uncomfortable truth is that, even though I'm a human being, a believer in God, I'm still a black man in America. The rulers of this world have indoctrinated us all with types of lies, starting with the knowledge of our true heritage. For 400 years, the experience of black and brown people in America has been less than a joy ride. Have you ever taken the time to research why? Well, I have, and the findings contained herein are rather disturbing. Well documented facts have been ignored by the world at large but to my dismay even in the church. Consequently, we are now witnessing many societal ills such as the deterioration and feminization of our black youth via music, television, and social media. Additionally, decision-makers have weaponized new terms such as toxic masculinity to further emasculate us. Often, using celebrities along with sports figures to negatively influence our children into becoming followers on a quest for fame and fortune, not seekers of God. This book is admittedly bold, a bit controversial to some and that's ok. Sometimes you have to stir the pot to get much-needed conversations going on in the church and the world at large. In this book, I'm raising the bar from your typical sugarcoated "Christian" literature you may be used to. Today, everyone is overly concerned with being politically correct even as a believer. This is not the time to be passive when lives are being snatched away in the black community daily. Someone has to tell it like it is, I believe I was chosen to be that voice. To hear some scholars say it "black people were never of any significance to God." Even though the origin of mankind and several scriptures state otherwise. Yet people wonder why some black people are not open to

receiving the "Good News." To me, the answer is simple if you can't relate, you can't participate. The days of the smooth-talking, self-serving charismatic feel-good messages are over! We are truly living in the last days and since God said He would rather none be lost, this is my contribution to that cause. In addition to exposing some uncomfortable truths, this book is filled with solutions. I've used portions of my life as an example to illustrate that even when others doubt your calling, God will not pass you by. With that in mind, I've included tips, tricks, and techniques to help you eliminate self-defeating thoughts that hinder your progress. The purpose of this book is not to give you a reason to give up but a reason to get up! Despite the obstacles you've faced, we serve a mighty God who can and will tip the scales in your favor so you too can be a winner! Remember being pro-black does equate to being anti-white. God is not the author of confusion, and He loves all His children, but I want this world to know He has always loved us just the same.

### **The Truth**

Thirty eight years after her high school friend was found murdered in a cornfield, Judith returns to her hometown to try to uncover the truth behind the murders and suicides that occurred during her high school days.

### **Blissfully Blended Bullshit**

America's leading nutritionist exposes how the food industry corrupts scientific research for profit Is chocolate heart-healthy? Does yogurt prevent type 2 diabetes? Do pomegranates help cheat death? News accounts bombard us with such amazing claims, report them as science, and influence what we eat. Yet, as Marion Nestle explains, these studies are more about marketing than science; they are often paid for by companies that sell those foods. Whether it's a Coca-Cola-backed study hailing light exercise as a calorie neutralizer, or blueberry-sponsored investigators proclaiming that this fruit prevents erectile dysfunction, every corner of the food industry knows how to turn conflicted research into big profit. As Nestle argues, it's time to put public health first. Written with unmatched rigor and insight, Unsavory Truth reveals how the food industry manipulates nutrition science--and suggests what we can do about it.

### **The Game**

Featuring all new material not included in the print edition, including: two deleted chapters, the contents of Neil's Bugout Bag, a disaster survival cheat sheet on how to survive 35 catastrophic events, and ten emergency-preparedness myths that can kill you. Terrorist attacks. Natural disasters. Domestic crackdowns. Economic collapse. Riots. Wars. Disease. Starvation. What can you do when it all hits the fan? You can learn to be self-sufficient and survive without the system. \*\*I've started to look at the world through apocalypse eyes.\*\* So begins Neil Strauss's harrowing new book: his first full-length worksince the

international bestseller *The Game*, and one of the most original-and provocative-narratives of the year. After the last few years of violence and terror, of ethnic and religious hatred, of tsunamis and hurricanes—and now of world financial meltdown—Strauss, like most of his generation, came to the sobering realization that, even in America, anything can happen. But rather than watch helplessly, he decided to do something about it. And so he spent three years traveling through a country that's lost its sense of safety, equipping himself with the tools necessary to save himself and his loved ones from an uncertain future. With the same quick wit and eye for cultural trends that marked *The Game*, *The Dirt*, and *How to Make Love Like a Porn Star*, *Emergency* traces Neil's white-knuckled journey through today's heart of darkness, as he sets out to move his life offshore, test his skills in the wild, and remake himself as a gun-toting, plane-flying, government-defying survivor. It's a tale of paranoid fantasies and crippling doubts, of shady lawyers and dangerous cult leaders, of billionaire gun nuts and survivalist superheroes, of weirdos, heroes, and ordinary citizens going off the grid. It's one man's story of a dangerous world—and how to stay alive in it. Before the next disaster strikes, you're going to want to read this book. And you'll want to do everything it suggests. Because tomorrow doesn't come with a guarantee

### **Myth of 'Free Media' and Fake News in the Post-Truth Era**

Don't waste your awkwardness. The most difficult subjects in our lives are also the ones that we find most uncomfortable to talk about: divorce, body image, sexuality, pornography, or depression. Our awkward silence reveals the gap that exists between what we are and what we know we should be. But God loves those awkward moments, Sammy Rhodes argues, because they are precisely where we find connection with God and one another. In *This Is Awkward*, Rhodes talks directly, honestly, hilariously about the most painfully uncomfortable subjects in our lives. In chapters like "Parents Are a Gift (You Can't Return Them)" and "The Porn in My Side," he boldly goes where most of us fear to tread, revealing that we can be liberated by the embrace of a God who knows the most shameful things about us and loves us all the same. Because nothing is too awkward for God.

### **Uncomfortable**

The 250th anniversary of the founding of Rutgers University is a perfect moment for the Rutgers community to reconcile its past, and acknowledge its role in the enslavement and debasement of African Americans and the disfranchisement and elimination of Native American people and culture. *Scarlet and Black* documents the history of Rutgers's connection to slavery, which was neither casual nor accidental—nor unusual. Like most early American colleges, Rutgers depended on slaves to build its campuses and serve its students and faculty; it depended on the sale of black people to fund its very existence. Men like John Henry Livingston, (Rutgers president from 1810–1824), the Reverend Philip Milledoler, (president of Rutgers from 1824–1840), Henry Rutgers, (trustee after whom the college is named), and Theodore Frelinghuysen,

(Rutgers's seventh president), were among the most ardent anti-abolitionists in the mid-Atlantic. Scarlet and black are the colors Rutgers University uses to represent itself to the nation and world. They are the colors the athletes compete in, the graduates and administrators wear on celebratory occasions, and the colors that distinguish Rutgers from every other university in the United States. This book, however, uses these colors to signify something else: the blood that was spilled on the banks of the Raritan River by those dispossessed of their land and the bodies that labored unpaid and in bondage so that Rutgers could be built and sustained. The contributors to this volume offer this history as a usable one—not to tear down or weaken this very renowned, robust, and growing institution—but to strengthen it and help direct its course for the future. The work of the Committee on Enslaved and Disenfranchised Population in Rutgers History. Visit the project's website at <http://scarletandblack.rutgers.edu>

### **Don't Try This at Home**

Dr. Keith Ablow, bestselling author and host of a new daily one-hour daytime-TV talk show, presents his first self-help book. Based on more than 20 years of clinical experience and highlighting stories from his own practice, Ablow shows how ignoring or burying painful memories and experiences can negatively affect every aspect of our lives, and he presents strategies to help the reader transform the pain of the past into the power of the future. In a world where short-term talk therapy and medication are the latest trends to "fixing" an unhappy life, Ablow's message is controversial. But though examining the past can be daunting, *Living the Truth* is as comforting and rewarding as it is transformative. And through Ablow's fine storytelling skills, empathetic voice, and straight-up advice, the experience of reading this extraordinary book becomes the first step to living a truly authentic life.

### **Why Racism Persists**

FROM THE INTERNATIONAL BESTSELLING AUTHOR OF *THE GAME* Neil Strauss became famous to millions around the world as the author of *The Game*, a funny and slyly instructive account of how he transformed himself from a scrawny, insecure nerd into the ultra-confident, ultra-successful 'pickup artist' known as Style. The book jump-started the international 'seduction community', and made Strauss a household name—revered or notorious—among single men and women alike. But the experience of writing *The Game* also transformed Strauss into a man who could have what every man wants: the ability to date or have casual sex with almost every woman he met. The results were heady, to be sure. But they also conditioned him to view the world as a kind of constant parade of women, sex and opportunity—with intimacy and long-term commitment taking a back seat. That is, until he met the woman who forced him to choose between herself and the parade. The choice was not only difficult, it was wrenching. It forced him deep into his past, to confront not only the moral dimensions of his pickup lifestyle, but also a mystery in his childhood that shaped the man that he became. It sent him into

extremes of behaviour that exposed just how conflicted his life had become. And it made him question everything he knew about himself, and about the way men and women live with and without each other. He would never be the same again. Searingly honest, compulsively readable, *The Truth: An Uncomfortable Book about Relationships* may have the same effect on you. Neil Strauss is the author of the New York Times bestsellers *The Game* and *Rules of the Game*. He is also the co-author of three New York Times bestsellers—Jenna Jameson’s *How to Make Love Like a Porn Star*, Mötley Crüe’s *The Dirt*, and Marilyn Manson’s *The Long Hard Road Out of Hell*—as well as Dave Navarro’s *Don’t Try This at Home*, a Los Angeles Times bestseller. Strauss’ highly anticipated *The Truth: An Uncomfortable Book about Relationships* will be released in June 2015. A writer for *Rolling Stone*, Strauss lives in Los Angeles. ‘A profound and jaw-droppingly exhaustive exploration of the male psyche.’ Andy Griffiths, Australian, Best Books of 2015 ‘A compulsive read powered by questions of how Strauss can escape his warped childhood and regain the trust of his scorned partner.’ Australian

### **Embracing Uncomfortable**

Recounts the adventures of an everyday man who transforms himself from a shy, awkward writer into the quick-witted, smooth-talking Style, a character irresistible to women. But, just when life is better than he could have ever dreamed, he falls head over heels for a woman who can beat him at his own game.

### **The Uncomfortable Truth**

A detailed examination of the Viscount tragedies in Rhodesia. Includes a technical review of the Strela ground to air missile and Vickers Viscount.

### **Requiem for a Species**

The New York Times bestselling author of *The Wait* and “spiritual teacher for our times” (Oprah Winfrey) frankly and openly explores why men behave the way they do and what everyone—men and women alike—need to know about it. We hear it all the time. Men cheat. Men love power. Men love sex. Men are greedy. Men are dogs. But is this really the truth about men? In this groundbreaking book, DeVon Franklin dishes the real truth by making the compelling case that men aren’t dogs but all men share the same struggle. He provides the manual for how men can change, both on a personal and a societal level by providing practical solutions for helping men learn how to resist temptation, how to practice self-control, and how to love. But *The Truth About Men* isn’t just for men. DeVon tells female readers everything they need to know about men. He offers women a real-time understanding of how men’s struggles affect them, insights that can help them navigate their relationships with men and information on how to heal from the damage that some misbehaving men may

have inflicted. This book is a raw, informative, and accessible look at an issue that threatens to tear our society apart yet it offers a positive way forward for men and women alike.

### **Everything Is F\*cked**

The truth is—we're hardwired to seek comfort, but comfort usually doesn't move us in the right direction. Every day we face a thousand choices between what is best and what is easier. And most of the time, we'll choose what's easier, which is why we so often feel frustrated, anxious, and disconnected. But when you learn to embrace the uncomfortable as the gateway to better things, everything changes. Embracing Uncomfortable teaches you how to Recognize what you need to do to find purpose and joy Develop the courage to radically accept your situation as it is Have the courage to do what it takes to move forward You'll learn practical skills to help you pursue and fulfill your purpose, like "practicing the pause" and "balancing your emotions." Discover the freedom and joy that will fill your life when you begin to see discomfort as an important step toward reaching your goals.

### **An Inconvenient Truth**

A revolutionary memoir about domestic abuse by the award-winning author of *Her Body and Other Parties* In the Dream House is Carmen Maria Machado's engrossing and wildly innovative account of a relationship gone bad, and a bold dissection of the mechanisms and cultural representations of psychological abuse. Tracing the full arc of a harrowing relationship with a charismatic but volatile woman, Machado struggles to make sense of how what happened to her shaped the person she was becoming. And it's that struggle that gives the book its original structure: each chapter is driven by its own narrative trope—the haunted house, erotica, the bildungsroman—through which Machado holds the events up to the light and examines them from different angles. She looks back at her religious adolescence, unpacks the stereotype of lesbian relationships as safe and utopian, and widens the view with essayistic explorations of the history and reality of abuse in queer relationships. Machado's dire narrative is leavened with her characteristic wit, playfulness, and openness to inquiry. She casts a critical eye over legal proceedings, fairy tales, *Star Trek*, and Disney villains, as well as iconic works of film and fiction. The result is a wrenching, riveting book that explodes our ideas about what a memoir can do and be.

### **Do We Need Pandas?**

NO MORE GAMES. IT'S TIME FOR THE TRUTH. Neil Strauss made a name for himself advocating freedom, sex and opportunity as the author of *The Game*. Then he met the woman who forced him to question everything. Neil's search for answers took him from Viagra-laden free-love orgies to sex addiction clinics, from cutting-edge science labs to modern-day

harems, and, most terrifying of all, to his own mother. What he discovered changed everything he knew about love, sex, relationships and, ultimately, himself. The Truth may have the same effect on you.

### **The Truth**

From the New York Times bestselling author of *Tinker, Tailor, Soldier, Spy*; *The Spy Who Came in from the Cold*; and *The Night Manager*, now a television series starring Tom Hiddleston. John le Carré's memoir, *The Pigeon Tunnel: Stories from My Life* is now available from Viking. "A novel that beckons us beyond any and all expectations."—Jonathan Yardley, *The Washington Post* A counter-terrorist operation, code-named *Wildlife*, is being mounted on the British crown colony of Gibraltar. Its purpose: to capture and abduct a high-value jihadist arms buyer. Its authors: an ambitious Foreign Office Minister, a private defense contractor who is also his bosom friend, and a shady American CIA operative of the evangelical far-right. So delicate is the operation that even the Minister's personal private secretary, Toby Bell, is not cleared for it. Three years later, a disgraced Special Forces Soldier delivers a message from the dead. Was *Operation Wildlife* the success it was cracked up to be—or a human tragedy that was ruthlessly covered up? Summoned by Sir Christopher "Kit" Probyn, retired British diplomat, to his decaying Cornish manor house, and closely observed by Kit's daughter, Emily, Toby must choose between his conscience and duty to his Service. If the only thing necessary for the triumph of evil is that good men do nothing, how can he keep silent?

### **Scarlet and Black**

Michael Bennett is a Super Bowl Champion, a three-time Pro Bowl defensive end, a fearless activist, a feminist, an organizer, and a change maker. He's also one of the most humorous athletes on the planet, and he wants to make you uncomfortable. Bennett adds his voice to discussions of racism and police violence, Black athletes and their relationship to powerful institutions like the NCAA and the NFL, the role of protest in history, and the responsibilities of athletes as role models to speak out against injustice. Following in the footsteps of activist-athletes from Muhammad Ali to Colin Kaepernick, Bennett demonstrates his outspoken leadership both on and off the field. Written with award-winning sportswriter and author Dave Zirin, *Sitting Down to Stand Up* is a sports book for young people who want to make a difference, a memoir, and a book as hilarious and engaging as it is illuminating.

### **In the Dream House**

Myth of 'Free Media' and Fake News in the Post-truth Era reveals the story of 'fake news' hysteria and myth of 'free media' in the post-truth world order, starting from the question of whether there has really been a 'truth' era. The book examines

how the news media is battling for relevance in the age of Internet. It shows how the wave of media 'liberalization' has weakened the basic premise of Libertarian Media Function Theory, which states that the media is the 'Fourth Estate' that protects the citizens from abuse of power by the government. It analyses how excessive commercialization of the media and the commodification of news has changed journalism globally. The book recommends a new paradigm and explains how it can be used to transform news reporting from an adversarial model to a human-centric one.

### **The Truth Is**

To some, the term encompasses innovation, change and commitment to the future and to others it means preservation, conservatism and a watchful eye on the future. City Fights follows on from the symposium "Energy and Urban Strategies", which bro

### **An Uncomfortable Friendship**

Gayton McKenzie tackles the tough subject of his experiences with love, sex and relationships, admitting the truth derived from his own life as a "player", in the hope that the women who read it will feel more equipped to deal with the search for the right kind of man.

### **Merchants of Truth**

Does your church make you uncomfortable? It's easy to dream about the "perfect" church—a church that sings just the right songs set to just the right music before the pastor preaches just the right sermon to a room filled with just the right mix of people who happen to agree with you on just about everything. Chances are your church doesn't quite look like that. But what if instead of searching for a church that makes us comfortable, we learned to love our church, even when it's challenging? What if some of the discomfort that we often experience is actually good for us? This book is a call to embrace the uncomfortable aspects of Christian community, whether that means believing difficult truths, pursuing difficult holiness, or loving difficult people—all for the sake of the gospel, God's glory, and our joy.

### **The Giving Tree**

From the author of the international mega-bestseller *The Subtle Art of Not Giving A F\*ck* comes a counterintuitive guide to the problems of hope. We live in an interesting time. Materially, everything is the best it's ever been—we are freer, healthier and wealthier than any people in human history. Yet, somehow everything seems to be irreparably and horribly

f\*cked—the planet is warming, governments are failing, economies are collapsing, and everyone is perpetually offended on Twitter. At this moment in history, when we have access to technology, education and communication our ancestors couldn't even dream of, so many of us come back to an overriding feeling of hopelessness. What's going on? If anyone can put a name to our current malaise and help fix it, it's Mark Manson. In 2016, Manson published *The Subtle Art of Not Giving A F\*ck*, a book that brilliantly gave shape to the ever-present, low-level hum of anxiety that permeates modern living. He showed us that technology had made it too easy to care about the wrong things, that our culture had convinced us that the world owed us something when it didn't—and worst of all, that our modern and maddening urge to always find happiness only served to make us unhappier. Instead, the “subtle art” of that title turned out to be a bold challenge: to choose your struggle; to narrow and focus and find the pain you want to sustain. The result was a book that became an international phenomenon, selling millions of copies worldwide while becoming the #1 bestseller in 13 different countries. Now, in *Everything Is F\*cked*, Manson turns his gaze from the inevitable flaws within each individual self to the endless calamities taking place in the world around us. Drawing from the pool of psychological research on these topics, as well as the timeless wisdom of philosophers such as Plato, Nietzsche, and Tom Waits, he dissects religion and politics and the uncomfortable ways they have come to resemble one another. He looks at our relationships with money, entertainment and the internet, and how too much of a good thing can psychologically eat us alive. He openly defies our definitions of faith, happiness, freedom—and even of hope itself. With his usual mix of erudition and where-the-f\*ck-did-that-come-from humor, Manson takes us by the collar and challenges us to be more honest with ourselves and connected with the world in ways we probably haven't considered before. It's another counterintuitive romp through the pain in our hearts and the stress of our soul. One of the great modern writers has produced another book that will set the agenda for years to come.

### **The Uncomfortable Truth**

A powerful exploration of love, identity, and self-worth through the eyes of a fierce, questioning Puerto Rican teen. Fifteen-year-old Verdad doesn't think she has time for love. She's still struggling to process the recent death of her best friend, Blanca; dealing with the high expectations of her hardworking Puerto Rican mother and the absence of her remarried father; and keeping everyone at a distance. But when she meets Danny, a new guy at school—who happens to be trans—all bets are off. Verdad suddenly has to deal with her mother's disapproval of her relationship with Danny as well as her own prejudices and questions about her identity, and Danny himself, who is comfortable in his skin but keeping plenty of other secrets. In her luminous, raw, and open-hearted exploration of identity, grief and first love, NoNieqa Ramos has created an unforgettable character in Verdad. *The Truth Is* offers a complex look at a brilliant, queer, neurodifferent girl, the mother who loves but doesn't understand her, and a fabulously drawn group of street kids who can't save themselves but just might save her. A brilliantly written breathtaking book. I couldn't put it down! —Michelle Ruiz-Keil, author of *All of Us with Wings* A brilliant, beautiful, moving story of ecstasy and loss and tragedy and hope, *The Truth Is* demands to be read. The

fast-moving plot bristles with literary and classical references, but the deepest insights—and there are plenty—come from the unforgettable observations and conclusions of its main character, Verdad de la Reyna, an unforgettably brave and complicated heroine who confronts profoundly disturbing, real-world challenges with the help of friends, both present and past. Nonieqa Ramos follows up *The Disturbed Girl's Dictionary* with another superb novel guaranteed to break the reader's heart before trying to mend it." —Tom Wilinsky and Jen Sternick, authors of *Snowsisters* Nonieqa Ramos's un-flinching voice and writing style continues to cement her as a force to be reckoned with in the YA world. —Mia García, author of *The Resolutions*

### **The Corn Stalker**

Named one of the best books of 2015 by *The Economist* A provocative exploration of the “new ecology” and why most of what we think we know about alien species is wrong For a long time, veteran environmental journalist Fred Pearce thought in stark terms about invasive species: they were the evil interlopers spoiling pristine “natural” ecosystems. Most conservationists and environmentalists share this view. But what if the traditional view of ecology is wrong—what if true environmentalists should be applauding the invaders? In *The New Wild*, Pearce goes on a journey across six continents to rediscover what conservation in the twenty-first century should be about. Pearce explores ecosystems from remote Pacific islands to the United Kingdom, from San Francisco Bay to the Great Lakes, as he digs into questionable estimates of the cost of invader species and reveals the outdated intellectual sources of our ideas about the balance of nature. Pearce acknowledges that there are horror stories about alien species disrupting ecosystems, but most of the time, the tens of thousands of introduced species usually swiftly die out or settle down and become model eco-citizens. The case for keeping out alien species, he finds, looks increasingly flawed. As Pearce argues, mainstream environmentalists are right that we need a rewilding of the earth, but they are wrong if they imagine that we can achieve that by reengineering ecosystems. Humans have changed the planet too much, and nature never goes backward. But a growing group of scientists is taking a fresh look at how species interact in the wild. According to these new ecologists, we should applaud the dynamism of alien species and the novel ecosystems they create. In an era of climate change and widespread ecological damage, it is absolutely crucial that we find ways to help nature regenerate. Embracing the new ecology, Pearce shows us, is our best chance. To be an environmentalist in the twenty-first century means celebrating nature’s wildness and capacity for change. From the Hardcover edition.

### **Living the Truth**

### **Things That Make White People Uncomfortable (Adapted for Young Adults)**

Why Racism Persists An Uncomfortable Truth Investigations into racism in America tend to be one-sided with an almost exclusive focus on those discriminated against. "Why Racism Persists. An Uncomfortable Truth," explores what has been virtually ignored: the causes and motivations for White racism. Beginning with its European roots, Dr. Collier traces the evolution of racism and delves into factors that have sustained the system of White privilege and anti-Black racism in America. What his analysis unearths are new areas of dialogue about racism and how we might bring some solutions to this most difficult problem. Dr. Walter V. Collier was born and grew up in Brooklyn, New York and currently lives on Martha's Vineyard in Massachusetts. He graduated from Brooklyn College with a B.A. degree in psychology, earned a M.A. also from Brooklyn College in social psychology and a doctorate in public policy analysis from New York University. For most of his professional career, he has worked as a research and strategic planning consultant for numerous organizations, including the National Science Foundation, Princeton University, the American Cancer Society, Ford Foundation, Sigma Pi Phi, Howard University, the Interdenominational Theological Center, the Joint Center for Political and Economic Studies, and the University of New Mexico. He has authored many publications dealing with an array of subjects including health care, criminal justice, education, racial discrimination, religious organizations, creationism, and diversity in science and engineering.

### **This Is Awkward**

An Uncomfortable Friendship is the story of a man who encounters one of his high school teachers thirty years after their first encounter as teacher-student. After the chance meeting at a local breakfast restaurant, they begin a series of weekly breakfasts at that same restaurant to discuss the events of their lives, their perception of social issues, and their views on various aspects of Christian doctrine. Hopefully, the book will provide the reader with interesting dialogue and food for thought on a variety of issues and topics. Other individuals, too, from time to time, and provide for greater diversity of thought and create some challenging and tense situations. The story is set in the fall and early winter of 2001 and runs a little over two hundred pages.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#)  
[HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)