Researching Resilience

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Resilience

RESEARCHING RESILIENCE

Health systems everywhere are expected to meet increasing public and political demands for accessible, high-quality care. Policy-makers, managers, and clinicians use their best efforts to improve efficiency, safety, quality, and economic viability. One solution has been to mimic approaches that have been shown to work in other domains, such as quality management, lean production, and high reliability. In the enthusiasm for such solutions, scant attention has been paid to the fact that health care as a multifaceted system differs significantly from most traditional industries. Solutions based on linear thinking in engineered systems do not work well in complicated, multi-stakeholder non-engineered systems, of which health care is a leading example. A prerequisite for improving health care and making it more resilient is that the nature of everyday clinical work be well understood. Yet the focus of the majority of policy or management solutions, as well as that of accreditation and regulation, is work as it ought to be (also known as 'work-as-imagined'). The aim of policy-makers and managers, whether the priority is safety, quality, or efficiency, is therefore to make everyday clinical work - or work-as-done - comply with work-as-imagined. This fails to recognise that this normative conception of work is often oversimplified, incomplete, and outdated. There is therefore an urgent need to better understand everyday clinical work as it is done. Despite the common focus on deviations and failures, it is undeniable that clinical work goes right far more often than it goes wrong,

and that we only can make it better if we understand how this happens. This second volume of Resilient Health Care continues the line of thinking of the first book, but takes it further through a range of chapters from leading international thinkers on resilience and health care. Where the first book provided the rationale and basic concepts of RHC, the Resilience of Everyday Clinical Work breaks new ground by analysing everyday work situations in primary, secondary, and tertiary care to identify and describe the fundamental strategies that clinicians everywhere have developed and use with a fluency that belies the demands to be resolved and the dilemmas to be balanced. Because everyday clinical work is at the heart of resilience, it is essential to appreciate how it functions, and to understand its characteristics.

Resilient Health Care

Properly performing health care systems require concepts and methods that match their complexity. Resilience engineering provides that capability. It focuses on a system's overall ability to sustain required operations under both expected and unexpected conditions rather than on individual features or qualities. This book contains contributions from international experts in health care, organisational studies and patient safety, as well as resilience engineering. Whereas current safety approaches primarily aim to reduce the number of things that go wrong, Resilient Health Care aims to increase the number of things that go right.

Youth Resilience and Culture

Despite recent progress in civil rights for sexual and gender minorities (SGM), ensuring SGM youth experience fairness, justice, inclusion, safety, and security in their schools and communities remains an ongoing challenge. In Growing into Resilience, André P. Grace and Kristopher Wells – co-founders of Camp fYrefly, a summer leadership camp for SGM youth – investigate how teachers, healthcare workers, and other professionals can help SGM youth build the human and material assets that will empower them to be happy, healthy, and resilient. Grace and Wells investigate the comprehensive (physical, mental, and sexual) health of SGM youth, emphasizing the role of caring professionals in an approach that that recognizes and accommodates SGM youth. Throughout, the authors draw upon the personal narratives of SGM youth, emphasizing how research, policy, and practice must act together for them to be able to thrive and fulfill their promise. Both a resource for those professionally engaged in work with sexual and gender minorities and a comprehensive text for use in courses on working with vulnerable youth populations, Growing into Resilience is a timely and transdisciplinary book.

Red Resilience

Violence, democracy and rights are issues that are not fully addressed in research methodology literatures, yet violence is of vital interest in substantive and theoretical debates across the social

sciences, education, philosophy, politics and cultural
studies. Methodology needs to be informed by, and be
relevant to, the debates and practices within and
across these perspectives on the worlds of everyday
life. Research is fundamentally entwined with the
political, the ethical and the legal. When it presumes
the neutrality of method and ignores its radical roots
of inquiry, it is in danger of being politically co-opted
and ethically naïve. Research that reveals what is at
stake politically, ethically and legally is typically open
to accusations of being partisan and therefore
political. It cannot avoid being political in the broadest
sense of the word, and consequently the researcher
cannot escape – through some mystical notion of
being 'objective' – the political, ethical and legal
consequences of undertaking research. Research is
vital to the construction of public spaces for debate,
decision making and action. Hence, there is a close
relationship between methodological practices,
research design and the conditions under which
violence, democracy and rights can be addressed.
Researching Violence, Democracy and the Rights of
People explores what is at stake methodologically
(both theoretically and practically) for researchers
seeking to expand opportunities for people to become
visible upon the public stages of debate, decision
making and action, and thus make audible their
experiences of wrongs and injustices, express their
rights, and engage democratically in processes of
change. Drawing on international contributions and
contexts, this book introduces readers to the complex
realities of real research and the substantive issues
that their methodological approaches strive to deal
with. It will benefit undergraduate and postgraduate

students as well as post-doctoral and experienced researchers across a range of cultural and social science disciplines, as well as educational and sociological researchers. Its aim is to explore and contribute to the development of innovatory approaches to engaging in research that make a difference in the lives of people.

Emotional Resilience

After a traumatic experience, survivors often experience a cascade of physical, emotional, cognitive, behavioral, and spiritual responses that leave them feeling unbalanced and threatened. Building Resilience to Trauma explains these common responses from a biological perspective, reframing the human experience from one of shame and pathology to one of hope and biology. It also presents alternative approaches, the Trauma Resiliency Model (TRM) and the Community Resiliency Model (CRM), which offer concrete and practical skills that resonate with what we know about the biology of trauma. In programs co-sponsored by the World Health Organization, the Unitarian Universalist Service Committee, ADRA International and the department of behavioral health of San Bernardino County, the TRM and the CRM have been used to reduce and in some cases eliminate the symptoms of trauma by helping survivors regain a sense of balance. Clinicians will find that they can use the models with almost anyone who has experienced or witnessed any event that was perceived as life threatening or posed a serious injury to themselves or to others. The models

can also be used to treat symptoms of vicarious traumatization and compassion fatigue.

Researching in the Age of COVID-19 Vol 2

This book explores young people's 'nested' and 'political' ecological relationships with crime through an empirical investigation of the important 'places' and 'spaces' in young people's lives; in their social relationships with peers and family members; and within formal institutional systems such as education, youth justice and social care.

Learning from Resilient People

This book describes in detail two kinds of models that simulate the dispersion of radionuclides in the sea. Biases have a strong impact on the predictable skill and the structures of the model predicted patterns in the tropical Atlantic Ocean. These biases and the related effects are presented as well as the atmospheric teleconnections between the tropical Atlantic and the African continent. Special focus is given to recent developments in the nitrogen cycle in the open ocean and the new challenges that have arisen from these advancements. This book also provides a review of the history, geography, and climate of the Atlantic and Indian Oceans, as well as the role they play in natural disasters. A review of the tsunami hazard along the coastal area of the Gulf of Bengal is explored and the seismicity of the Indian Ocean area. The Indian Ocean Dipole (IOD) and its affects, such as monsoon strength over the Indian

subcontinent, climatic extremes and socio-economic hardship throughout the tropical Indian Ocean region are presented. This book considers a selection of statistical time series models to analyze and predict the IOD. Finally, using a data-assimilative model of the North Indian assimilating altimetry, the seasonal and inter-annual variability of the meridional heat fluxes in the Indian Ocean are explored.

Building a Resilient Workforce

Hurricanes Katrina and Rita devastated the Gulf Coast in 2005. Commentary and analysis typically focused on what went wrong in the post-disaster emergency response. This forward-looking book, however, presents a more cautiously optimistic view about the region's ability to bounce back after multiple disasters. Catastrophes come in different forms—hurricanes, recessions, and oil spills, to name a few. It is imperative that we learn how best to rebuild in the wake of disasters and what capacities and conditions are needed to improve future resilience. Since the devastating summer of 2005, leaders have made important inroads to restoring communities in more prosperous ways. Resilience and Opportunity is an important contribution to our collective learning from a teachable moment. Contributors: Ivye Allen, Foundation for the Mid South; Lance Buhl, Duke University; Ann Carpenter, Federal Reserve Bank of Atlanta; Robert A. Collins, Dillard University; Mark S. Davis, Tulane University Law School; Breonne DeDecker, Brandeis University; Karen B. DeSalvo, Tulane University School of

Medicine; Kathryn A. Foster, University at Buffalo Regional Institute, SUNY; Linetta Gilbert, The Declaration Initiative; Ambassador James Joseph, Duke University; Mukesh Kumar, Jackson State University; Luceia LeDoux, Baptist Communities Ministries; Silas Lee III, Xavier University of Louisiana; David A. Marcello, Tulane University; Richard McCline, Southern University; Nancy T. Montoya, Federal Reserve Bank of Atlanta; Reilly Morse, Mississippi Center for Justice; Elaine Ortiz, Greater New Orleans Community Data Center; Andre Perry, Loyola University, New Orleans; John L. Renne, University of New Orleans; Kalima Rose, PolicyLink; Michael Schwam-Baird, Tulane University; Jasmine M. Waddell, Brandeis University; Nadiene Van Dyke, New Orleans Police and Justice Foundation; Alandra Washington, W. K. Kellogg Foundation; Frederick Weil, Louisiana State University; Leslie Willams, LeaderShift Consulting; Jon Wool, Vera Institute of Justice.

Small States and the Pillars of Economic Resilience

From youth culture to adolescent sexuality to the consumer purchasing power of children en masse, studies are flourishing. Yet doing research on this unquestionably more vulnerable—whether five or fifteen—population also poses a unique set of challenges and dilemmas for researchers. How should a six-year-old be approached for an interview? What questions and topics are appropriate for twelve year olds? Do parents need to give their approval for all studies? In Representing Youth, Amy L. Best has

assembled an important group of essays from some of today's top scholars on the subject of youth that address these concerns head on, providing scholars with thoughtful and often practical answers to their many methodological concerns. These original essays range from how to conduct research on youth in ways that can be empowering for them, to issues of writing and representation, to respecting boundaries and to dealing with issues of risk and responsibility to those interviewed. For anyone doing research or working with children and young adults, Representing Youth offers an indispensable guide to many of the unique dilemmas that research with kids entails. Contributors include: Amy L. Best, Sari Knopp Biklen, Elizabeth Chin, Susan Driver, Marc Flacks, Kathryn Gold Hadley, Madeline Leonard, C.J. Pascoe, Rebecca Raby, Alyssa Richman, Jessica Taft, Michael Ungar, Yvonne Vissing, and Stephani Etheridge Woodson.

Ordinary Magic

Climate change is a defining issue in contemporary life. Since the Industrial Revolution, heavy reliance on carbon-based sources for energy in industry and society has contributed to substantial changes in the climate, indicated by increases in temperature and sea level rise. In the last three decades, concerns regarding human contributions to climate change have moved from obscure scientific inquiries to the fore of science, politics, policy and practices at many levels. From local adaptation strategies to international treaty negotiation, 'the politics of climate change' is as pervasive, vital and contested

as it has ever been. On the cusp of a new commitment to international co-operation to rein in greenhouse gas emissions, this essential book intervenes to help understand and engage with the dynamic and compelling 'Politics of Climate Change'. This edited collection draws on a vast array of experience, expertise and perspectives, with authors with backgrounds in climate science, geography, environmental studies, biology, sociology, political science, psychology and philosophy. This reflects the contemporary conditions where the politics of climate change permeates and penetrates all facets of our shared lives and livelihoods. Chapters include the Politics of Climate Science, History of Climate Policy, the Cultural Politics of Climate Change: Interactions in the Spaces of Everyday, the Politics of Interstate Climate Negotiations, the Politics of the Carbon Economy, and Addressing Inequality. An A – Z glossary of key terms offers additional information in dictionary format, with entries on topics including Carbon tax, Stabilization, Renewable technologies and the World Meteorological Organization. A section of Maps offers a visual overview of the effects of environmental change.

The Chief Public Health Officer's Report on the State of Public Health in Canada

This book explores the social conditions that promote pediatric resilience. It presents resilience as a set of complex interpersonal, institutional, and political relationships that affect young patients' ability to "do well" in the face of medical adversity. Chapters

analyze the impact of chronic or disabling conditions on children's development, while highlighting effective interventions that promote family well-being. This book integrates research from psychology, social work, medical anthropology, child life specialty, palliative care, public health, and nursing to examine a wide variety of family, cultural, and medical contexts. Practical strategies for supporting children and families are discussed, from meaningful assessment and interventions to social policy and advocacy. Featured topics include: Psychosocial factors influencing children with immune-related health conditions. Resilience and pediatric cancer survivorship within a cultural context. Promoting resilience in chronically ill children and their families during the transition to adolescence. Creating a context for resilience in medical settings. Promoting resilience through children's health and social care policy. Child and Adolescent Resilience Within Medical Contexts is a must-have resource for researchers, clinicians and other professionals, as well as graduate students in child and school psychology, child and adolescent psychiatry, social work, pediatrics, medical anthropology, nursing, educational psychology and policy.

Resilience in Education

In this volume, academics and researchers across disciplines including education, psychology and health studies come together to discuss personal, political and professional narratives of struggle, resilience and hope. Contributors draw from a rich body of

auto/biographical research to examine the role of narrative and how it can be constructed to compose a life story, considering the roles of significant others, inspirational, educational and fictional characters, and those in myth and legend. The book discusses how personal narrative, often neglected in social and psychological enquiry, can be a valuable resource across a range of settings. Reference is made to the evolving role of narrative in education and health care, medicine and psychotherapy. This includes how particular narratives are hardwired into culture in ways that stifle personal and social understanding. Rather than providing a 'how to' guide, the book illustrates the range and power of narrative, including poetry, to re-awaken senses of self and agency in extremis. Each chapter draws on specific research, describing the context, explaining the methodology, and illuminating important findings. Discussing implications for research and practice, this book will be key reading for postgraduate and doctoral students in auto/biographical and narrative studies, and across a range of disciplines, including education, health and social care, politics, counselling and psychotherapy. It will be of interest to academics teaching research methods, and those developing biographical and auto/biographical narrative research.

Researching Resilience

Imagine if we stopped trying to "manage" the stress in our workplaces and personal lives. What if we recognized, instead, that the challenges we face every day could actually make us stronger, smarter,

and more successful. We wouldn't feel victimized by the stress in our lives; with a change in how we view these challenges, we become capable of resolving them and winning the day. Global businesses, governments, and communities are profoundly changing their approaches to adversity and challenges. The Resilience Advantage reveals the techniques and methodology we all can apply in our workplaces and homes. Filled with professional and personal stories, pragmatic research, powerful case studies, and practical actionable tools, this book IS the formula to help each of us turn our challenges into our Resilience Advantage.

The Resilience Advantage

Resilience and Opportunity

The factor that makes some communities rebound quickly from disasters while others fall apart: "A fascinating book on an important topic."—E.L. Hirsch, in Choice Each year, natural disasters threaten the strength and stability of communities worldwide. Yet responses to the challenges of recovery vary greatly and in ways that aren't explained by the magnitude of the catastrophe or the amount of aid provided by national governments or the international community. The difference between resilience and disrepair, as Daniel P. Aldrich shows, lies in the depth of communities' social capital. Building Resilience highlights the critical role of social capital in the ability of a community to withstand disaster and

rebuild both the infrastructure and the ties that are at the foundation of any community. Aldrich examines the post-disaster responses of four distinct communities—Tokyo following the 1923 earthquake, Kobe after the 1995 earthquake, Tamil Nadu after the 2004 Indian Ocean Tsunami, and New Orleans post-Katrina—and finds that those with robust social networks were better able to coordinate recovery. In addition to quickly disseminating information and financial and physical assistance, communities with an abundance of social capital were able to minimize the migration of people and valuable resources out of the area. With governments increasingly overstretched and natural disasters likely to increase in frequency and intensity, a thorough understanding of what contributes to efficient reconstruction is more important than ever. Building Resilience underscores a critical component of an effective response.

Indian Resilience and Rebuilding

From a pioneering researcher, this book synthesizes the best current knowledge on resilience in children and adolescents. Ann S. Masten explores what allows certain individuals to thrive and adapt despite adverse circumstances, such as poverty, chronic family problems, or exposure to trauma. Coverage encompasses the neurobiology of resilience as well as the role of major contexts of development: families, schools, and culture. Identifying key protective factors in early childhood and beyond, Masten provides a cogent framework for designing programs to promote resilience. Complex concepts are carefully defined

and illustrated with real-world examples.

Stress Resilience

This fully updated second edition is written specifically for health science and nursing students in Australia and New Zealand. Authored by the highly regarded Patricia Barkway, with a diverse range of expert contributors, this Elsevier e-book interprets psychology for nurses, as well as for students of paramedicine, occupational therapy, physiotherapy, public health, pharmacy, psychology, social work and midwifery. Psychology for Health Professionals 2e e-book examines essential psychological theories, placing them within a social context. Acknowledging increasing awareness that behaviour is influenced as much by external factors as biological and psychological ones, the book's first half outlines psychological, lifespan and social theories, then applies them to contemporary health issues in later chapters. A key focus of this leading psychology e-book is examining individual personality and psychological theory within the social context of people's lives. New content includes current, evidence-based research, references and clinical examples relevant to interdisciplinary, contemporary healthcare practice. Issues of cultural safety and awareness have been strengthened throughout; there is a new section on chronic illness and a focus on recovery. This introductory psychology e-book does not assume its readers will have prior 'psychology' knowledge, yet it can easily be used well beyond first-year university. Critical thinking questions Classroom activities

Research focus boxes providing examples of current research and evidence-based practice Interdisciplinary case studies throughout Further resources and web links to provide further reading and research and up-to-date information, data and statistics

Psychology for health professionals

Cities, and the built environment more broadly, are key in the global response to climate change. This groundbreaking book seeks to understand what governance tools are best suited for achieving cities that are less harmful to the natural environment,

Handbook on Regional Economic Resilience

This volume examines the processes and patterns of Araucanian cultural development and resistance to foreign influences and control through the combined study of historical and ethnographic records complemented by archaeological investigation in south-central Chile. This examination is done through the lens of Resilience Theory, which has the potential to offer an interpretive framework for analyzing Araucanian culture through time and space. Resilience Theory describes "the capacity of a system to absorb disturbances and reorganize while undergoing change so as to still retain the same function." The Araucanians incorporated certain Spanish material culture into their own, rejected others, and strategically restructured aspects of their

political, economic, social, and ideological institutions in order to remain independent for over 350 years.

Governance for Urban Sustainability and Resilience

Manny Redd is a private investigator who is fed up with doing boring jobs for cheap clients. His luck changes when he receives the request to investigate the head of the CDC that changes his life forever. While investigating, he is exposed to an experimental serum that allows him to control every cell in his body and becomes the host to an entity calling herself Stalla. Manny and Stalla must work together to uncover the truth which will lead them to a much grander conspiracy.

Constructing Narratives of Continuity and Change

THE #1 INTERNATIONAL BESTSELLER There are many challenges facing our mental health. We are living in the middle of an anxiety epidemic, depression is one of the most significant mental health issues of our time, self-harm is endemic amongst school children and technology and social media are insidiously and pervasively invading our lives leading to toxic stress. In this book, bestselling author and GP Dr Harry Barry reveals how you can unlock your inner emotional resilience reserves, deal with the challenges of life, and protect your mental health. He explores the key skills needed to transform your emotional capacity and reach your full potential. He covers: Personal

skills teaching you how to deal with self-acceptance, perfectionism, frustration, failure and success, the physical symptoms of anxiety, procrastination, problem solving and catastrophising. Social skills such as how to develop and practice empathy, read social cues and how to deal with anxiety in social and performance situations. Life skills such as how to deal with the unfairness and discomfort of life, pragmatism and conflict resolution, how to develop a work/life balance and what to do when stress comes calling.

Resilience in Action

Resilient Health Care, Volume 2

This volume focuses on resilience in educational contexts which has emerged as an important field of research, with recent investigation into resilience of school students teachers, and post-secondary students and staff. The book integrates theoretically diverse viewpoints and research advancing relevant theory. It furthermore presents interventions which aim enhancing resilience in the educational context. The interplay between more basic research and actual practice in the classroom, university or workplace enriches relevant theory and research. Each chapter includes an explanation of how resilience is conceptualized in the research and the methods used to examine resilience. The chapters also provide a description of the context in which the research was conducted and how particular aspects of context influence the resilience process. Innovative

approaches to exploring resilience are highlighted as well as directions for future research.

A Political Ecology of Youth and Crime

The past decade brought forth a wave of excitement and promise for researchers and practitioners interested in community practice as an approach based on social justice principles and an embrace of community participatory actions. But, effective community practice is predicated on the availability and use of assessment methods that not only capture and report on conditions, but also simultaneously set the stage for social change efforts. This research, therefore, serves the dual purpose of generating knowledge and also being an integral part of social intervention. Research done in this way, however, requires new tools. Photovoice is one such tool - a form of visual ethnography that invites participants to represent their community or point of view through photographs, accompanied by narratives, to be shared with each other and with a broader community. Urban Youth and Photovoice focuses on the use of this method within urban settings and among adolescents and young adults - a group that is almost naturally drawn to the use of photography (especially digital and particularly in today's era of texting, facebook, and instagram) to showcase photovoice as an important qualitative research method for social workers and others in the social sciences, and providing readers with detailed theoretical and practical account of how to plan, implement, and evaluate the results of a photovoice

project focused on urban youth.

Terrorism and the Olympics

Until researchers and theorists account for the complex relationship between resilience and culture, explanations of why some individuals prevail in the face of adversity will remain incomplete. This edited volume addresses this crucial issue by bringing together emerging discussions of the ways in which culture shapes resilience, the theory that informs these various studies, and important considerations for researchers as they continue to investigate resilience. Using research from majority and minority world contexts, 'Youth Resilience and Culture: Commonalities and Complexities' highlights that non-stereotypical, critical appreciation of the cultural systems in which youth are embedded, and/or affiliate with, is pivotal to understanding why particular resilience processes matter for particular youth in a particular life-world at a particular point in time. In doing so, this book sensitizes readers to the importance of accounting for the influence of cultural contexts on resilience processes, and to the danger of conceptualising and/or operationalising resilience, culture, and their interplay, simplistically or idealistically. In short, the progressive contents of 'Youth Resilience and Culture: Commonalities and Complexities' make it an essential read for resilience-focused scholars, students, academics, and researchers, as well as policy makers, practitioners, and humanitarian workers engaged with high-risk populations.

Building and Measuring Community Resilience

Researching Resilience challenges this tendency to pathologize youth, and marks a profound shift in research methods from the study of disorder to the study of well-being.

Multiethnicity And Multiethnic Families

The book aims to outline the progress, problems and challenges of delivering a safe and secure Olympics in the context of the contemporary serious and enduring terrorist threat. The enormous media profile and symbolic significance of the Olympic Games, the history of terrorists aiming to use such high-profile events to advance their cause, and Al Qaeda's aim to cause mass casualties, all have major implications for the security of London 2012. Drawing on contributions from leading academics and practitioners in the field the book will assess the current terrorist threat, particularly focusing on terrorist targeting and how the Olympics might feature in this, before addressing particular response themes such as transport security, the role of surveillance, resilient designing of Olympic sites, the role of private security, and the challenge of inter-agency coordination. The book will conclude by providing an assessment of the legacy of Olympic security to date and will discuss the anticipated issues and dilemmas of the future. This book will be of interest to students of terrorism studies, security studies, counter-terrorism and sports studies.

The Archaeology and Ethnohistory of Araucanian Resilience

The frequency and severity of disasters over the last few decades have presented unprecedented challenges for communities across the United States. In 2005, Hurricane Katrina exposed the complexity and breadth of a deadly combination of existing community stressors, aging infrastructure, and a powerful natural hazard. In many ways, the devastation of Hurricane Katrina was a turning point for understanding and managing disasters, as well as related plan making and policy formulation. It brought the phrase "community resilience" into the lexicon of disaster management. Building and Measuring Community Resilience: Actions for Communities and the Gulf Research Program summarizes the existing portfolio of relevant or related resilience measurement efforts and notes gaps and challenges associated with them. It describes how some communities build and measure resilience and offers four key actions that communities could take to build and measure their resilience in order to address gaps identified in current community resilience measurement efforts. This report also provides recommendations to the Gulf Research Program to build and measure resilience in the Gulf of Mexico region.

The Politics of Climate Change

Tracing some of the economic highs and lows that impacted the world in the aftermath of Hurricane

Katrina, an introduction to the emerging field of resilience research explains how to approach disruptions in ecosystems, businesses and governments to better reinforce interdependent world systems. 40,000 first printing.

Child and Adolescent Resilience Within Medical Contexts

As researchers have begun to adapt to the continuing presence of COVID-19, they have also begun to reflect more deeply on fundamental research issues and assumptions. Researchers around the world have responded in diverse, thoughtful and creative ways – from adapting data collection methods to fostering researcher and community resilience, while also attending to often urgent needs for care. This book, part of a series of three Rapid Responses, connects themes of care and resilience, addressing their common concern with wellbeing. It has three parts: addressing researchers' wellbeing, considering participants' wellbeing, and exploring care and resilience as a shared and mutually entangled concern. The other two books focus on Response and Reassessment, and Creativity and Ethics. Together they help academic, applied and practitioner-researchers worldwide adapt to the new challenges COVID-19 brings.

Urban Youth and Photovoice

This Handbook provides a collection of high quality contributions on the state of the art in current

debates around the concept of regional economic resilience. It provides critical contributions from leading authors in the field, and captures both key theoretical debates around the meaning of resilience, its conceptual framing and utility, as well as empirical interrogation of its key determinants in different international contexts.

Growing into Resilience

Small developing states tend to be inherently prone to exogenous shocks over which they can exercise very little control. In the main, such proneness emanates from the small states; structural trade openness and their very high dependence on a narrow range of exports. There are a number of small developing states that, in spite of their inherent economic vulnerability, manage to generate a relatively high GDP per capita when compared with other developing countries. This can be ascribed to economic resilience building associated with policy-induced measures that enable a country to recover from or adjust to the negative impacts of adverse exogenous shocks and to benefit from positive shocks. The main argument put forward in this book is that economic resilience can be built through appropriate policy interventions in four principal areas, namely macroeconomic stability, microeconomic market efficiency, good governance and social development. Published by the Islands and Small States Institute, Malta and the Commonwealth Secretariat.

Researching Violence, Democracy and the Rights of People

Every job can lead to stress. How people cope with that stress can be influenced by many factors. The Department of Homeland Security (DHS) employs a diverse staff that includes emergency responders, border patrol agents, federal air marshals, and policy analysts. These employees may be exposed to traumatic situations and disturbing information as part of their jobs. DHS is concerned that long-term exposure to stressors may reduce individual resilience, negatively affect employees' well-being, and deteriorate the department's level of operation readiness. To explore DHS workforce resilience, the Institute of Medicine hosted two workshops in September and November 2011. The September workshop focused on DHS's operational and law enforcement personnel, while the November workshop concentrated on DHS policy and program personnel with top secret security clearances. The workshop brought together an array of experts from various fields including resilience research, occupation health psychology, and emergency response. Building a Resilient Workforce: Opportunities for the Department of Homeland Security: Workshop Summary: Defines workforce resilience and its benefits such as increased operational readiness and long-term cost savings for the specified population; Identifies work-related stressors faced by DHS workers, and gaps in current services and programs; Prioritizes key areas of concern; and Identifies innovative and effective

worker resilience programs that could potentially serve as models for relevant components of the DHS workforce. The report presents highlights from more than 20 hours of presentations and discussions from the two workshops, as well as the agendas and a complete listing of the speakers, panelists, and planning committee members.

Building Resilience

Governing for Resilience in Vulnerable Places provides an overview and a critical analysis of the ways in which the concept 'resilience' has been addressed in social sciences research. In doing so, this edited book draws together state-of-the-art research from a variety of disciplines (i.e. spatial planning, economic and cultural geography, environmental and political sciences, sociology and architecture) as well as cases and examples across different spatial and geographical contexts (e.g. urban slums in India; flood-prone communities in the UK; coastal Japan). The cases present and explore challenges and potentials of resilience-thinking for practitioners and academics. As such, Governing for Resilience in Vulnerable Places aims to provide a scientifically robust overview and to generate some conceptual clarity for researchers, students and practitioners interested in the potential of resilience thinking as well as the application of resilience in practice.

Building Resilience to Trauma

Mental health specialists and researchers contend

that the development of resilience in youth is facilitated at several levels. Relational, cultural, individual, and governmental factors all have a strong influence over the mental well being of young people. Resilience in Action looks at youth interventions with a view to fostering resilience in those living in adverse situations and conditions. In order to provide a practical approach to the issue, the essays in this volume explore the components of successful interventions, encouraging the transmission of effective practices from one community to another across borders. It is organized into four sections, each dealing with a different aspect of work with at-risk youth. The first section focuses on individual health and the ways in which intervention and therapy strengthen personal resources. The second section explores the dynamics of interventions in relation to specific contexts and localized relationships, emphasizing holistic approaches to youth work. A review of the cultural relevance of resilience follows in section three, and the fourth considers ways of increasing the accessibility to resources that encourage healthy development. Featuring contributors from a variety of academic and cultural backgrounds, Resilience in Action offers diverse answers to many of the persistent questions mental health professionals ask regarding how to enhance resilience.

Atlantic and Indian Oceans

Representing Youth

This comprehensive core textbook analyzes how resilient people navigate the troubled waters of life's traumas and identifies how learning about resilience may help cultivate this quality in other, less resilient, people. Author Morley D. Glicken explains the inner self-healing processes of resilient people and helps individuals training in the helping professions to learn to use these processes in working with their clients.

Attachment as a Protective Factor

Stress Resilience: Molecular and Behavioral Aspects presents the first reference available on the full-breadth of cutting-edge research being carried out in this field. It includes a wide range of basic molecular knowledge on the potential associations between resilience phenomenon and biochemical balance, but also focuses on the molecular and cellular mechanisms underlying stress resilience. World-renowned experts provide chapters that cover everything from the neural circuits of resilience, the effects of early-life adversity, and the transgenerational inheritance of resilience. This unique and timely book will be a go-to resource for neuroscientists and biological psychiatrists who want to improve their understanding of the consequences of stress and on how some people are able to avoid it. Approaches resilience as a process rather than as a static trait Provides basic molecular knowledge on the potential associations between resilience phenomenon and biochemical balance Presents thorough coverage of both the genetic and environmental factors that contribute to resilience

Governing for Resilience in Vulnerable Places

Indian Resilience and Rebuilding provides an Indigenous view of the last one-hundred years of Native history and guides readers through a century of achievements. It examines the progress that Indians have accomplished in rebuilding their nations in the 20th century, revealing how Native communities adapted to the cultural and economic pressures in modern America. Donald Fixico examines issues like land allotment, the Indian New Deal, termination and relocation, Red Power and self-determination, casino gaming, and repatriation. He applies ethnohistorical analysis and political economic theory to provide a multi-layered approach that ultimately shows how Native people reinvented themselves in order to rebuild their nations. Fixico identifies the tools to this empowerment such as education, navigation within cultural systems, modern Indian leadership, and indigenized political economy. He explains how these tools helped Indian communities to rebuild their nations. Fixico constructs an Indigenous paradigm of Native ethos and reality that drives Indian modern political economies heading into the twenty-first century. This illuminating and comprehensive analysis of Native nation's resilience in the twentieth century demonstrates how Native Americans reinvented themselves, rebuilt their nations, and ultimately became major forces in the United States. Indian Resilience and Rebuilding, redefines how modern American history can and should be told.

ROMANCE ACTION & ADVENTURE MYSTERY & THRILLER BIOGRAPHIES & HISTORY CHILDREN'S YOUNG ADULT FANTASY HISTORICAL FICTION HORROR LITERARY FICTION NON-FICTION SCIENCE FICTION