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Inclusive Leisure Services
Leadership in Recreation
Leisure-time Leadership

Torkildsen's Sport and Leisure Management

"Leisure is everywhere, but its impact on people's lives is often overlooked. Leisure is more than "doing nothing" or "hanging out." It has implications for society, affecting economics, politics, business, health, and the environment. On an individual level, it offers multiple opportunities for personal growth and development. And it contributes to a better quality of life for individuals and communities as a whole. With *Dimensions of Leisure for Life: Individuals and Society*, students will learn to understand and appreciate leisure and explore the ways that their leisure choices can help them lead happier, more balanced lives both now and in the future. With contributions from 22 leading professors, the book examines the following: the concept of leisure, including the various ways in which it has been defined and described, the benefits associated with it, the scope of the leisure industry field, and the basis for studying leisure as a social science; the impact of leisure on quality of life, health, physical activity and stress levels, and overall happiness and well-being; the social significance of leisure, including the interaction of leisure with history, contemporary society, technology, the environment, economics, and politics and public policy; the factors that influence each individual's leisure choices and level of involvement in leisure activities, such as awareness of local options, barriers of age, gender, sexual orientation, race, ethnicity, religion, or socioeconomic status, geographic distribution of leisure spaces; and maturity level and stage of development."--Publisher.

Recreation and Fitness Leadership

Leadership in Recreation and Leisure Services offers fresh insights on leadership and leadership theory by top professionals in the field. The authors explore classical leadership as well as innovative and modern leadership theory and best practices, helping students understand the roles they will play from personal, professional, and organizational standpoints. This forward-looking text prepares the students of today to be the leading professionals of tomorrow.

Leisure Education II

Global Sport Leadership

This book explores the global developments in sport leadership and practice. Drawing on the vast and ever-growing leadership literature, the book examines advances in leadership theory and practice in the context of the challenges faced by those working in global sport management positions. It explores the various dimensions of leadership, with a particular focus on the development of leadership theory. It also looks at the operational and contextual elements of leadership in a global sport environment and finally reflects on the status quo, and explores future challenges and research opportunities for leadership and global sport management.

Leadership in Recreation and Leisure Service Organizations

This excellent text provides the reader with a clear and thorough understanding of direct, hands-on leadership by effectively integrating theory with practice. Leadership in Recreation and Leisure Service Organizations assists individuals in understanding the importance of leadership in this field. Topics covered include contemporary theoretical and practical information, organized in a format that allows for the comprehension of the elements necessary for effective leadership in recreation and leisure service organizations.

Dimensions of Leisure for Life

Leadership for Recreation, Parks, and Leisure Services

Often requested and fully updated, the 4th edition of Leadership in Leisure Services: Making a Difference by Deb Jordan and Ronald Ramsing, includes fully updated chapters with contemporary practices for leadership in the broad field of recreation and parks. In addition, the first two chapters of previous editions (introductory material and leadership theories) have been combined into one chapter; this enhances the flow of material while still setting the stage for understanding leadership as an important construct in our discipline. The text continues to integrate issues of diversity throughout the chapters and includes new information about the impact of microaggressions on participants in a range of recreation settings. Additional emphasis is put on professional practice becoming a recreation and parks professional and continuing professional development are addressed in such a way as to encourage students to view professionalism as a

journey rather than an end. Group development is presented using the Tuckman model and social issues have been updated to include the role of professionals in addressing the obesity epidemic as well as bullying and violence. All material has been updated to reflect the current state of research in each topic area. Test questions and PowerPoint presentations for each chapter are included as ancillaries.

Issues in Recreation and Leisure

The Courageous Follower

The Economics of Recreation, Leisure and Tourism

Some books address outdoor leadership; others focus on adventure programming. None delve into the specifics of both topics like *Effective Leadership in Adventure Programming, Third Edition*, does. The first edition of this book helped define the body of knowledge for an emerging profession. Two editions later, this groundbreaking text—now in full color—provides adventure leaders with the tools and evidence they need to show that their outdoor programs are effective and have a lasting impact on their participants. Internationally renowned authors Simon Priest and Michael Gass have significantly updated the content, based on the latest research, issues, and trends in the field of adventure education and leadership. They have reorganized chapters to conform to their new model of building core competencies. In addition, this third edition includes the following features:

- Material on technology, social justice, cultural adaptation, sustainability, and facilitation techniques
- An online instructor guide that offers activities, discussion questions, and assessments compiled from a group of acclaimed instructors
- A digital field handbook that offers quick reference to key models, concepts, and checklists covered in the text
- An expanded version of global perspectives, valuable for long-standing programs as well as those just beginning to enter the field

Effective Leadership in Adventure Programming details both the art and science of adventure leadership, helping a new generation of outdoor leaders develop their skills. The text extends the focus on evidence-based models, theories, and best practices, showing that science and research are as important to the profession as the natural beauty of the environment. The book describes the core competencies of outdoor leadership, providing a framework that helps leaders connect with participants in meaningful ways, based on mutual goals. The focus on the science side is invaluable to new leaders and less-experienced leaders, and it is a great refresher for leaders with more experience. This new edition offers a more detailed look at diversity and cultural competencies, preparing leaders to effectively manage diverse populations of participants. In addition, the content is in line with the updated accreditation standards from the Association for Experiential Education. The opening chapters of *Effective Leadership in Adventure Programming* supply a solid foundation in the research, philosophy, ethics, and history of outdoor leadership. Numerous chapters explore the skills leaders need, with topics that include technical activity, safety and risk management, environment, organization, instruction, and facilitation. The authors

also examine leadership styles and conditional leadership issues, communication, sound judgment, decision making, problem solving, and the trends and issues in adventure programming. Effective Leadership in Adventure Programming will help readers understand the four adventure program areas—recreation, education, development, and therapy—and how they influence the delivery of outdoor leadership. The book is a valuable resource for the training and education of future outdoor leaders. It will help readers know why they should work in the profession and understand how they can make a difference by being an effective outdoor leader.

Internships in Recreation and Leisure Services

Group Dynamics in Recreation and Leisure

'Leisure and Recreation Management' is essential reading for anyone interested in exploring both the theory and the practicalities of managing leisure and recreational facilities.

Managing Recreation, Parks & Leisure Services

This is primarily a text for undergraduate students preparing for careers in the management of recreation settings. Coverage includes the concepts and skills required to conduct recreational activities and to supervise volunteer and paid staff in recreation agencies and organisations. It can be used for a course on recreation leadership, recreation supervision, or recreation activity methods, and because of its comprehensiveness, the book is also useful as a resource for practising recreation professionals. Examples are drawn widely from outdoor recreation, therapeutic recreation, sport and fitness, adventure settings, municipal services, and hospitality and tourism.

Leadership in Recreation and Leisure Services

This edition probes the importance of leadership in the recreation, parks, and leisure service industry. Integrating theory with practice, the book focuses on a number of interrelated elements that influence leadership in recreation, parks, and leisure service organizations such as theoretical and foundational information, leaders within groups, and leadership within a number of recreation, parks, and leisure service settings.--[book cover]

Black Recreation

Selecting an internship site in recreation and leisure services is one of the most important academic decisions of your college years. A good internship brings academic coursework to life and provides work experience and professional contacts that help to ensure a successful professional career. Your internship is the foundation for your future, and like any strong foundation, its construction requires time, effort, and the proper tools. In *Internships in Recreation and Leisure Services: A Practical Guide for Students, Sixth Edition*, you will go through a systematic

internship selection process that will help you utilize your life experiences and available resources to maximum advantage. The ultimate goal is to help you to identify and secure an internship that not only meets your academic objectives but also enhances your professional career in recreation and leisure services. The purpose of this text is to give you the proper tools for getting the best possible internship the time and effort, however, are up to you.

Effective Leadership in Adventure Programming

For nearly thirty years George Torkildsen's classic textbook has been the most comprehensive and engaging introduction to sport and leisure management available to students at all levels. Now in a fully revised sixth edition, it is still the only textbook that covers all the key topics taught within contemporary sport and leisure management courses. This new edition includes expanded coverage of the practical managerial skills that students must develop if aiming for a career in the sport and leisure industry, from planning and managing people to marketing and entrepreneurship. It includes five completely new chapters on leisure in the home, financial management, quality management and law and enterprise, reflecting important developments in contemporary sport and leisure. This edition retains the hallmark strengths of previous editions, including in-depth discussion of the social and cultural context of sport and leisure, full analysis of the public, private and voluntary sectors, and a review of key products and services, including sport, tourism, the arts, play and leisure in the natural environment. Richly illustrated throughout with up-to-date evidence, data, case-studies and international examples, each chapter also contains a range of useful pedagogical features, such as discussion questions, practical tasks and structured guides to further reading and resources. For the first time, a dedicated companion website offers additional teaching and learning resources for students and lecturers. Visit the companion website at www.routledge.com/textbooks/taylor

Organization Behaviour for Leisure Services

Inclusive Leisure Services, Third Edition encourages leisure services providers to promote inclusion of people with disabilities in their programs. This text will educate future and current leisure services professionals about attitude development and actions that promote positive attitudes about people who have experienced discrimination and segregation. It provides strategies that will facilitate meaningful leisure participation by all participants, while respecting their rights.

Programming for Parks, Recreation, and Leisure Services

Creative Leadership in Recreation

For every leader there are dozens of followers working closely with them. This updated third edition speaks to those followers and gives them the insights and tools for being effective partners with their leaders.

Introduction to Recreation and Leisure

Therapeutic Recreation Leadership and Programming will help students learn the essential aspects of professional practice while developing a leadership mind-set. The book focuses on the day-to-day responsibilities of the therapeutic recreation specialist (TRS) while integrating ethical considerations into each aspect of the job. Readers will learn how to perform the daily work of a TRS while maintaining the highest ethical standards of the profession. The book details · the principles, theories, and codes of ethics that will form the foundation of specialists' understanding of the field and set the stage for practice; · the knowledge, skills, and leadership principles that TRSs will need in order to help their clients accomplish therapeutic outcomes; · strategies that will guide TRSs in planning a wide range of programs and services, including information on frequently encountered health problems, major program areas, facilitation strategies, and client and program evaluation; and · methods for program organization and delivery that will prepare specialists to offer a regular schedule of therapeutic recreation programs that meet the needs of all of their clients, whether in group or individual settings. The book will arm students with the information and tools they need in order to succeed as therapeutic recreation specialists. It familiarizes students with their future clients by describing the health concerns most often encountered in therapeutic settings. Case studies for the most common concerns provide students with concrete examples of how programming works in various clinical settings. The book also provides specific recreation activities from five major program areas, along with information on the effectiveness of the activities, risk management concerns, and implementation strategies. Step-by-step instructions for structuring, planning, and leading both group and one-on-one sessions will prepare students to implement programs in a wide variety of settings. Stories from professionals in the field, examples of real and hypothetical clients, and case studies show students how to use the principles they've learned when leading programs. Learning activities help them to further explore the concepts in each chapter, and highlight boxes emphasize key ideas related to each chapter's content. An instructor guide is available to course adopters at www.HumanKinetics.com/TherapeuticRecreationLeadershipandProgramming.

Leisure and Recreation Management

Therapeutic Recreation Leadership and Programming

Leisure Services Management, Second Edition, prepares students for the challenges they'll face as entry- to mid-level recreation and leisure managers. The book outlines the essential knowledge and skills that successful managers need to have and helps students build those competencies by encouraging them to think as managers. The text's activities, projects, and examples help students connect the competencies to real-world situations. Leisure Services Management begins by presenting a firm foundation of competency-based management. Students will learn what management is, what the manager's role is, and how their work affects their agency and their customers. They will also explore specific management areas such as marketing, financial management, human resources, employee

development, communication, and evaluation. Throughout the text, students will be encouraged to apply their own experiences to the concepts being discussed to deepen their understanding of the profession. For each chapter, the authors provide experiential learning activities that simulate real on-the-job situations. Each of these activities asks students to assume one of the many roles of a new manager. They'll learn to deal with day-to-day management activities by completing work assignments and projects similar to those they'll assume as a manager. The activities will help students develop the competencies they'll need in order to meet the challenges of this evolving field. New to this edition of *Leisure Services Management* are the following student-friendly features: Updated sidebars in which professionals in the field offer early career advice for future managers Real examples from all three sectors—public, nonprofit, and commercial—giving a broad perspective of parks and recreation, tourism, sport, therapeutic recreation, and outdoor recreation International perspectives and examples, encouraging students to think globally Information about the exam for becoming a Certified Park and Recreation Professional (CPRP) The text also includes a web study guide, which includes links to sample forms from the actual files of leisure managers to assist students in understanding and using important management tools. With an overview of key concepts by chapter, detailed case studies, a glossary, and a competency scorecard, the web study guide will help students build their knowledge of the content area, apply the information learned to their current work environment or a future internship, and prepare for future certifications. The competency-driven approach of *Leisure Services Management, Second Edition*, assists readers in gaining the knowledge and practicing the skills needed to begin a career in leisure management. Bolstered by the practical information in this text, new managers can contribute to the success of their organization as they enjoy the challenges and rewards of their new position.

The World of Recreation and Fitness Leadership

"Managers of recreation, sport, and leisure services perform a variety of activities. Perhaps the most essential of these activities is the management of human resources. Every person associated with an organization, directly or indirectly, is a resource. These people might be recreation directors, event planners, sport managers, park supervisors, therapeutic recreation specialists, or outdoor leaders. They might have full-time, part-time, seasonal, or voluntary status. It is a mistake to assume that these individuals will automatically fit together into a cohesive, coordinated team. Furthermore, it is an error to assume that people will automatically perform the appropriate tasks and perform those tasks in the most desirable manner. An effective team effort is essential to the operation of any organization, and it is the responsibility of the manager to make this happen. In summary, this textbook prepares students--whether they intend to work in commercial recreation, therapeutic recreation, outdoor recreation, governmental recreation, youth services, sports management, or event planning--with a solid foundation for human resource management. Theory and practice are combined to assist students in gaining a greater understanding of the many complexities they will encounter in the workplace."--Publisher's website.

Leisure Services Management

Now in its third successful edition, *The Economics of Leisure and Tourism* has been fully revised and updated to cover all the latest issues and changes, and more. Essentially a real world text in applied economics, it explains the necessary economic theories from first principles and applies them to a range of leisure and tourism problems and issues at the consumer, business, national and international level. Key themes discussed are: * How is the provision of leisure and tourism determined and could it be provided in a different way? * What are the key opportunities and threats facing leisure and tourism & environmental impacts? * How can economics be used to manage leisure and tourism? International in its outlook, this text uses examples from Brazil, China, India and Japan, as well as Europe, North America and Australia. With an accompanying website with links and Powerpoint resources for lecturers, this new edition provides: * New chapters on regeneration, tourism as an economic development strategy, globalisation and political economy of tourism. * Introduction of dependency theory and development economics theories * Liberal use of press cuttings, journal articles and international case studies * User friendly learning features such as: visual mapping of chapter contents, chapter objectives, summaries of key points' short answer questions.

Leadership for Recreation and Leisure Programs and Settings

Leadership in Recreation and Leisure Services presents cutting-edge guidance and helps students apply their newfound knowledge as they prepare to enter the rapidly changing leisure services field. This text presents fresh insights on leadership from the most prominent voices in the field today. The contributors present a comprehensive look at modern leadership, identify the challenges future leaders will face, and reveal how future leaders can best prepare to meet those challenges. *Leadership in Recreation and Leisure Services* provides • a detailed look at the collaborative approach to leadership in leisure services that represents a new direction in the field; • insight into classical leadership as well as innovative and modern leadership theory and best practices; and • an understanding of the roles and functions students will fulfill as they enter the profession. The material, designed for undergraduate recreation and leisure services leadership courses, is presented in three parts. Part I explores personal leadership issues, including communication skills, negotiation strategies, and leadership styles. Part II delves into professional leadership, examining topics such as group dynamics, supervision practices, and team leadership. Part III explores organizational leadership, including internal and external leadership and professional development. The authors present new theories of leadership from research in the field of recreation and leisure. Several learning aids—including chapter-opening scenarios, key terms, glossary, references, and chapter-ending questions for reflection and discussion—appear throughout the text. In addition, each chapter features a Leisure Leaders sidebar that profiles a leader in the field who addresses preparation for the job, a peek at day-to-day work, and advice for aspiring leaders. And a Best Practices sidebar showcases an organization whose innovative leadership has led to positive organizational outcomes. *Leadership in Recreation and Leisure Services* helps students understand the range of leadership skills they need to develop for successful careers.

Applications in Recreation & Leisure

Discover innovative ideas for keeping older people active and healthy! Leisure in Later Life, Third Edition is a comprehensive text for university-level students and lecturers in leisure, as well as service providers in the field. Many revisions and enhancements have been made for this edition, which includes an entire new chapter discussing global perspectives on leisure in later life. Combining theoretical material and practical applications, this book presents valuable activity ideas and programs for providing appropriate recreational services to elders. With this new updated edition, Leisure in Later Life reclaims its place as an essential sourcebook for designing recreation programs and activities for elders. Not only is it an ideal textbook for students in college focusing on leisure and aging, this book can supplement courses in psychology, social work, physical education, and recreation leadership and programming. As a reference text, this book is useful to activity directors and practicum students for creating new leisure services in the field. Leisure in Later Life, Third Edition supplies you with key information about: leadership program planning evaluation techniques exercise and adapted dance intergenerational activities leisure counseling Authors Michael J. and Sara F. Leitner have included a detailed instructor's guide to help new and experienced instructors and trainers provide the necessary skills to students, volunteers, or newly hired personnel. The guide contains suggestions for a myriad of activities and discussion questions to bring the material in the book to life. Leisure in Later Life, Third Edition will help prepare your students or staff to work with elders in any setting.

Leisure Leadership

Organization Behaviour for Leisure Services provides the reader with the conceptual tools necessary for analysing organizational behaviour in the context of hospitality, leisure and tourism provision, and understanding events in order to take appropriate management action. Taking the view that leisure services involve an array of industry sectors - they are related, for instance, to work-time spent eating, drinking and staying away from home, as well as the more obvious recreational pursuits - the text uses examples and case studies from a wide range of international businesses such as hotels, restaurants, museums, shopping malls and sports stadia. Specific examples used are from Marriotts, McDonald's, Trafford Centre and many more. With a user-friendly structure and style, the text is an ideal introduction to the fundamental issues involved - perfect for students and managers alike. This book discusses and questions a number of key elements, including: The individual and the organization Groups in the organization Organizational structures and behaviour Management within the organization Commercial hospitality, leisure and tourism in a service context There is a Tutor Resource pack available to lecturers who adopt this text. Accredited lecturers can request access to download this material by going to <http://books.elsevier.com/academic/defaultmanuals.asp?> to request access.

Leadership in Leisure Services

Introduction to Recreation and Leisure, Third Edition, gives students a broad view of the field, offering them a solid foundation for understanding the industry they plan to enter upon graduation. Students learn from the perspectives of 52 leading professors, professionals, and emerging scholars from the United States, Canada,

Brazil, China, and around the globe. Led by new editors, Tyler Tapps and Mary Sara Wells, these experts introduce recreation and leisure foundational concepts, delivery systems, and programming services. Students benefit from the diversity of perspectives and viewpoints from around the world as they learn about the similarities and differences in the industry from an international perspective. The following are new to this edition:

- New editors and contributors from around the world, including emerging scholars
- Updated data throughout the book
- New chapter sections
- An expanded chapter on international perspectives on sustainability and ecotourism
- Real-world connections to recreation and leisure theories that help students consider career options
- A web study guide with On the Job learning activities, a glossary, chapter overviews, article summaries, and recommendations of websites to explore

A Strong Foundational Overview

Introduction to Recreation and Leisure grounds students in the historical, philosophical, and social aspects of the industry. The authors offer fresh insights into community parks and recreation departments, nonprofit organizations, and commercial recreation and ecotourism enterprises. Students learn about various enriching educational programs and services for people of all ages. “The text encompasses a variety of services, including recreational sport management, outdoor and adventure recreation, health and wellness, and arts and culture,” says Tapps. “It also exposes students to career options and supports them as they explore their interests and prepare for challenging careers in the industry.”

Text Contents

The book is organized into three parts. In part I, students learn about the foundations of recreation and leisure, including the historical, philosophical, and social issues that have shaped the field. Part II explores various sectors of the field, including leisure service delivery systems, public recreation, the nonprofit sector, the for-profit sector (such as event and ecotourism enterprises), and therapeutic recreation, among others. Part III focuses on the programming of recreation and leisure services, including program delivery systems, recreational sport management, outdoor and adventure recreation, the nature of recreation and leisure as a profession, and more. Each chapter includes learning objectives that highlight the chapter’s important concepts, as well as an Outstanding Graduates feature that introduces former students who have gone on to successful careers in the field. A glossary of important terms is included in the web study guide and instructor guide, which are part of the ancillary package.

Ancillaries

The text is supported by an instructor guide, a test package, a PowerPoint presentation package, and a web study guide that contains chapter summaries and learning experiences. These resources make it easier for instructors to prepare for and manage their courses, and they help students retain what they learn from the text.

Guidance for Students Making Career Choices

This fully updated text, with its insights and perspectives from top professionals and professors from around the globe, opens up the world of recreation and leisure for students, offering them vital information that will help them make informed choices as they move forward in pursuit of careers in this growing field. With its cutting-edge view of recreation and leisure services, Introduction to Recreation and Leisure prepares students for success in the field of recreation and leisure.

Leisure Program Planning and Delivery

Dr. Jan Louise Jones, Southern Connecticut State University --Book Jacket.

Human Resource Management in Recreation, Sport, and Leisure Services

Leadership in Sport

Outdoor Leadership, Second Edition, is the definitive text for developing student leadership in outdoor and adventure settings throughout the world. Crafted by an author team internationally recognized for their research, teaching, and experience in outdoor and adventure leadership, this new edition provides students with the foundational knowledge they need to develop as competent professionals in the field. Grounded in Eight Core Competencies Through Outdoor Leadership, Second Edition, students are introduced to eight core competencies that the authors consider essential to outdoor leadership: 1. Foundational knowledge 2. Self-awareness and professional conduct 3. Decision making and judgment 4. Teaching and facilitation 5. Environmental stewardship 6. Program management 7. Safety and risk management 8. Technical ability This unique approach to outdoor and adventure leadership will help students meet current professional standards in the field as they prepare for careers in education and recreation. The students move step by step through the materials and assignments, gaining and demonstrating leadership competencies, which they will document through a portfolio of their course experiences. The development of these portfolios is a highly practical and valuable takeaway for students looking to get a leg up as they ready themselves for their careers. New to the Text This latest edition of Outdoor Leadership offers new features, material, and resources, including:

- The expertise and perspectives of new author Marni Goldenberg
- A new chapter on program assessment
- A new chapter on developing cultural and social justice competencies as an outdoor leader
- A redistribution of the content on values and ethics (formerly a single chapter) across multiple chapters
- An increased emphasis on international perspectives
- A stronger focus on outdoor leadership in the area of ecotourism
- Revisions to address critical issues in the evolving field of outdoor and adventure leadership
- New ancillaries, including an instructor guide (which includes learning and portfolio activities for each chapter, as well as other new learning experiences), a test package, and a presentation package

Emphasizing Both Theory and Practice While primarily directed at novice outdoor leaders, is useful for more experienced outdoor leaders as well, including administrative and supervisory personnel in outdoor leadership organizations. The authors have created a balance between theory and practice as they explore the eight core competencies by doing the following:

- Introducing students to a wide variety of theories and concepts integral to outdoor leadership
- Using chapter-opening vignettes to illustrate the theories and concepts addressed in the chapter
- Acquainting readers with numerous organizations and agencies in which outdoor leaders work
- Offering a series of learning activities and professional development exercises to transform the theoretical into the practical

Preparing Students for Successful Careers The result is a highly useful resource that grounds students in the theories, concepts, and competencies that they need in order to be successful leaders in outdoor and adventure settings. This competency-based approach will help aspiring outdoor leaders plan safe, enjoyable, and ecologically responsible expeditions; acquire and showcase their leadership abilities, culminating in a

professional portfolio; and develop the knowledge and expertise they need to be effective leaders.

Leisure in Later Life

Bringing together a diverse team of leading scholars and professionals, this book offers a variety of insights into ongoing gender mainstreaming policies in Europe with a focus on urban/spatial planning. Gender mainstreaming was first legislated for in the European Union with the Treaty of Amsterdam in 1999 and, although many interesting developments have occurred throughout the decade that followed, there is still much to do in terms of policy, knowledge production, dissemination and education. This work contributes to all three objectives, by advancing the state of knowledge, as well as providing educational and professional tools in the field of gender sensitive planning in Europe. The volume begins by explaining the concept of gender mainstreaming in relation to its origins in the 'second wave' of the women's movement and critiques of planning, architecture, transport planning and other built environment disciplines. It then provides a brief history of how gender mainstreaming was incorporated into European law, before focussing on the theoretical issues and questions that surround the concept of gender mainstreaming as they relate to urban space and the planning of cities and regions, including a discussion of the persistence of inequalities between the sexes in their access to urban space and services. In particular, the division between waged and unwaged work and its impact on the social construction of gender and of the physical built environment is considered. The differences between definitions of feminism and their implications for action in planning and design are also explored, paying regard to the tensions between a feminist vision of a transformation of gender relations and the requirements of gender mainstreaming to accommodate the different needs of women and men in their everyday lives in urban space. Throughout the book, key issues recur, such as the importance of time and space in the experience of urbanism, resistances to change on the part of institutions and social structures, and the importance of networks. Education and training also appear as common themes, as do citizen participation and the structures of governance. The chapters are organised into four sections: concepts, structures, empowerment and spatial quality. Contributors demonstrate a variety of approaches to the intersections of gender, women, cities, and planning, dealing with substantive and procedural issues in planning, at both local and regional scales. They stress the links between environmental sustainability and gender-sensitive urban development. The book concludes by putting forward an outlook for future action.

Outdoor Leadership

The Recreation and Leisure Service Delivery System

Leisure Program Planning and Delivery provides a comprehensive three-step plan for successful programming of leisure services and operational management of program systems in recreation and leisure service organizations. Grounded in contemporary professional practice and real-world applications, the book provides

a systematic plan for students to learn the essentials of successful recreation programming, with examples of a variety of activities in community, outdoor, sport, cultural arts, and tourism sectors of the field.

Leadership in Recreation and Leisure Services

While the black experience in America has been told in many ways, it has seldom, if ever, been substantially addressed from the play, recreation, and leisure perspective. That is the primary intent of *Black Recreation: A Historical Perspective*. Leisure and recreation activities are an important measure of quality of life--of happiness, wealth, and health. Historical interpretation, accurately presented, can help give individuals a better sense of identity--of who they are and how far they have come. Both minority and majority readers will benefit from broad-based analysis of the recreational activities and effects they had on American culture as a whole.

Routledge International Handbook of Outdoor Studies

This title introduces group dynamics theory and research as it applies to recreation and leisure settings. It presents the key concepts and terms, a brief history of the field and the various theories and models of group development.

Kraus' Recreation and Leisure in Modern Society

The 'outdoors' is a physical and ideological space in which people engage with their environment, but it is also an important vehicle for learning and for leisure. The *Routledge Handbook of Outdoor Studies* is the first book to attempt to define and survey the multi-disciplinary set of approaches that constitute the broad field of outdoor studies, including outdoor recreation, outdoor education, adventure education, environmental studies, physical culture studies and leisure studies. It reflects upon the often haphazard development of outdoor studies as a discipline, critically assesses current knowledge in outdoor studies, and identifies further opportunities for future research in this area. With a broader sweep than any other book yet published on the topic, this handbook traces the philosophical and conceptual contours of the discipline, as well as exploring key contemporary topics and debates, and identifying important issues in education and professional practice. It examines the cultural, social and political contexts in which people experience the outdoors, including perspectives on outdoor studies from a wide range of countries, providing the perfect foundation for any student, researcher, educator or outdoors practitioner looking to deepen their professional knowledge of the outdoors and our engagement with the world around us.

Inclusive Leisure Services

Effective leadership is essential in any sports organisation, both in the boardroom and on the training pitch. *Leadership in Sport* is the first textbook to examine sports leadership in the round, across both management and coaching environments. It includes a dedicated section to underpinning core leadership theories, and employs a number of case studies throughout to show how best

practice is applied in real world settings. Drawing on expertise from some of the leading academics and practitioners throughout the world, and from both disciplines, the book covers various leadership issues including: facilitative leadership strategic leadership leading effective change diversity in leadership communication and empathy motivation and performance. Key conceptual questions—the nature of leadership, its role in sport, styles of leadership, what constitutes ineffective leadership—and other contemporary issues are also explored to give students and practitioners the most complete and clear picture of contemporary leadership in sport. With useful features in every chapter, such as key terms and review questions, this is an essential text for sport management or coaching degree courses.

Leadership in Recreation

This book probes at the importance leadership plays in the leisure and recreation service industry. Special efforts are taken to examine special interest groups such as youth groups, senior citizens, and people with disabilities. Leadership of specialised leisure activities is also thoroughly discussed. Among these unique categories are social recreation, organised groups and clubs, games, contests and tournaments, aquatic activities, outdoor recreation, cultural activities, organised festivals and pageants, and tourism and travel programmes. In addition, each chapter supplies a summary and questions to encourage further thought and discussion.

Leisure-time Leadership

(prepunched for 3-ring binder) A comprehensive resource guide with over 100 activities for therapeutic recreation settings to promote healthy leisure values and attitudes, social interaction skills, knowledge of leisure resources and their utilization, an

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