

Abnormal Psychology David Barlow 6th Edition

Essentials of Psychology Social and Personality Development How Children Develop Phobias: The Psychology of Irrational Fear Disorders of Childhood: Development and Psychopathology What is Clinical Psychology? Abnormal Psychology Health Psychology Abnormal Psychology Abnormal Psychology Understanding Abnormal Child Psychology, 3rd Edition Understanding Abnormal Behavior Fundamentals of Abnormal Psychology Abnormal Psychology, Textbook Optimistic Parenting An Introduction to the History of Psychology Abnormal Psychology: An Integrative Approach The Deepest Well Essentials of Abnormal Psychology Abnormal Psychology Doing Psychology Experiments Unified Protocol for Transdiagnostic Treatment of Emotional Disorders Motivation Abnormal Psychology Handbook of Assessment and Treatment Planning for Psychological Disorders, Third Edition Clinical Handbook of Psychological Disorders, Fifth Edition Culture and Psychology PSYCHOLOGY Elementary Science Methods Clinical Interviewing, with Video Resource Center Abnormal Psychology Cognitive Psychology Great Political Thinkers Understanding Motivation and Emotion Casebook in Child Behavior Disorders Abnormal Psychology Abnormal Psychology and Life: A Dimensional Approach Abnormal Psychology + Casebook in Abnormal Psychology, 5th Ed. Abnormal Psychology Theories of Psychotherapy & Counseling: Concepts and Cases

Essentials of Psychology

Written with the whole child in mind, this text presents disorders in the context of typical development and developmental pathways, providing a meaningful framework to promote students' learning and a practical, true-to-life approach for organizing the course. For each disorder (across descriptions of clinical presentation, course, and treatment), Parritz and Troy emphasize the continuity between typical and atypical development; risk and resilience; complex models of psychopathology; children in relationships over time; children in larger social contexts (e.g., neighborhoods); and the holistic nature of development (e.g., thinking about the child's abilities and strengths as well as his or her disorder). Updated with more coverage of neuroscience research and greater emphasis on the multiple environments in which children are embedded, this edition continues to reflect the most up-to-date understanding of child and adolescent psychopathology and empirically supported treatment. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Social and Personality Development

This authoritative clinical reference and text--now revised and updated with 50%

new content--presents the assessment tools and strategies that every evidence-based psychotherapy practitioner needs. Unlike most assessment texts, the volume is organized around specific clinical problems. It explains how to select and use the best measures to assess clients' symptoms, generate diagnoses, plan appropriate treatments, and monitor progress. Clinician- and student-friendly features include tables comparing and contrasting relevant measures, sample forms, and case examples. Every chapter addresses considerations for primary and managed care settings. New to This Edition *Chapters on new topics: assessment of well-being and transdiagnostic assessment. *New chapters on core topics: eating disorders, personality disorders, and insomnia. *Updated throughout with DSM-5 diagnostic changes, new and updated instruments, current research, and increased attention to transdiagnostic concerns. *Expanded coverage of obsessive-compulsive and related disorders. See also *Clinical Handbook of Psychological Disorders, Fifth Edition*, edited by David H. Barlow, which presents evidence-based treatments step by step.

How Children Develop

A pioneering physician reveals how childhood stress leads to lifelong health problems, and what we can do to break the cycle.

Phobias: The Psychology of Irrational Fear

Disorders of Childhood: Development and Psychopathology

Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips readers with a solid understanding of the systematic theories of psychotherapy and counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. Dr. Sharf demonstrates how to apply theories to individual therapy or counseling for common psychological disorders-such as depression and generalized anxiety disorders-as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help readers understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

What is Clinical Psychology?

This briefer version of Barlow and Durand's best-selling text was created specifically for those professors who were drawn to the authors' standard-setting integrative approach but wanted a shorter, easier book. In this briefer version, the authors provide in approximately 550 pages a integrative approach that helps students understand how each psychological disorder is determined by multiple factors: biological, psychological, cultural, social, familial, and even political. Throughout the text, real cases 95% from the authors' own case files provide a realistic context for the scientific findings of the book, and ensure that readers never lose sight of the fact that beyond the DSM-IV criteria, the theories, and the research are real people. The Second Edition offers a complete course solution, including online resources, an interactive CD-ROM, six compelling videos, a casebook, two books of readings, and other ancillaries that make abnormal psychology come alive for students."

Abnormal Psychology

The past ten years have seen an explosion of useful research surrounding human motivation and emotion; new insights allow researchers to answer the perennial questions, including "What do people want?" and "Why do they want what they

want?" By delving into the roots of motivation, the emotional processes at work, and the impacts on learning, performance, and well-being, this book provides a toolbox of practical interventions and approaches for use in a wide variety of settings. In the midst of the field's "golden age," there has never been a better time to merge new understanding and practical application to improve people's lives. Useful in schools, the workplace, clinical settings, health care, sports, industry, business, and even interpersonal relationships, these concepts are profoundly powerful; incorporated into the state-of-the-art intervention programs detailed here, they can enhance people's motivation, emotion, and outlook while answering the core questions of any human interaction.

Health Psychology

Exploring the interactions of the various forces that contribute to psychopathology, this text acknowledges the importance of biology, behaviour, and psychological and social influences.

Abnormal Psychology

Abnormal Psychology

Understanding Abnormal Child Psychology, 3rd Edition

Balancing biological, psychological, social, and cultural approaches, the Fourth Canadian Edition of Abnormal Psychology's groundbreaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. The author team--now including Dr. Martin Lalumière--continues to blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies, and superior coverage of the DSM-5 (with insights from author David Barlow, an Advisor to the DSM-5 task force) help lead students to an unparalleled appreciation for the current state of what is a multidimensional and compelling clinical science.

Understanding Abnormal Behavior

With a new evolutionary theme, Petri's book covers the biological, behavioral, and cognitive explanations for human motivation. The advantages and drawbacks to

each of these explanations are presented, allowing students to draw their own conclusions. Students want to know why they behave the way they do. To help students understand the processes that activate their behavior, Petri uses examples drawn from such contemporary topics as sexual behavior, aggression, eating disorders, and obesity to capture and keep students interested. To help students master and retain the information covered, this edition builds upon the text's simple and direct language with expanded pedagogy including preview questions at the beginning of every chapter, end of chapter summaries, key terms, Web links, and suggestions for further reading.

Fundamentals of Abnormal Psychology

Clinical Interviewing, Fifth Edition blends a personal and easy-to-read style with a unique emphasis on both the scientific basis and interpersonal aspects of mental health interviewing. It guides clinicians through elementary listening and counseling skills onward to more advanced, complex clinical assessment processes, such as intake interviewing, mental status examination, and suicide assessment. Fully revised, the fifth edition shines a brighter spotlight on the development of a multicultural orientation, the three principles of multicultural competency, collaborative goal-setting, the nature and process of working in crisis situations, and other key topics that will prepare you to enter your field with confidence, competence, and sensitivity.

Abnormal Psychology, Textbook

The success of this best-selling text lies in the author's belief that a good text talks with, rather than at, its readers. Shaffer does an extraordinary job of anticipating students' interests, questions, and concerns while treating them as active participants in the process of learning about social and personality development. The Sixth edition of SOCIAL AND PERSONALITY DEVELOPMENT features clearly written, current coverage of social and personality development that aids students in discovering the causes, processes, and complexities that underlie developmental change. Students learn why biological and environmental factors, contextual factors such as cross-cultural, familial, neighborhood, school, and peer-group influences cause change in children. Shaffer also explores the approaches that researchers use to test their theories and answer important questions about developing children and adolescents. This book's effective coverage of field research stands out from other texts not only for its accuracy and currency, but because Shaffer consistently juxtaposes classic research with the latest breakthroughs in a way that helps students appreciate how knowledge builds on earlier findings. This edition features a much stronger emphasis on cultural influences on development. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Optimistic Parenting

Unlock the secrets to confident, skillful, and positive parenting with this strategy-filled guide from a top behavior expert. Parents of children with a range of challenging behaviors and special needs

An Introduction to the History of Psychology

This clinical reference and widely adopted text is recognized as the premier guide to understanding and treating frequently encountered psychological disorders in adults. Showcasing evidence-based psychotherapy models, the volume addresses the most pressing question asked by students and practitioners--"How do I do it?" Leading authorities present state-of-the-art information on each clinical problem and explain the conceptual and empirical bases of their respective therapeutic approaches. Procedures for assessment, case formulation, treatment planning, and intervention are described in detail. Extended case examples with session transcripts illustrate each component of treatment. New to This Edition

*Incorporates treatment innovations, the latest empirical findings, and changes to diagnostic criteria in DSM-5. *Chapter on acceptance-based treatment of generalized anxiety disorder. *Chapter on comorbid depression and substance abuse, demonstrating a transdiagnostic approach. *Chapter on sleep disorders.

See also Clinical Handbook of Psychological Disorders in Children and Adolescents, edited by Christopher A. Flessner and John C. Piacentini.

Abnormal Psychology: An Integrative Approach

The Canadian experts speak: Dozois, Abnormal Psychology 5e with MySearchLab, now in full-psychedelic colour! Abnormal Psychology: Perspectives exemplifies its subtitle by cohesively presenting the numerous individual perspectives of its expert contributors. It presents the differing psychological perspectives by discussing various relevant paradigms with emphasis on the conceptual approaches and therapeutic interventions that have garnered the most empirical support in research literature. As a ground-up Canadian text, it features indigenous case studies, legal and ethical issues, prevention programs, and ground-breaking research, as well as the history of abnormal psychology in this country. The new edition features a new full-colour interior, coverage of the DSM-5 including a disorder-by-disorder comparison with the DSM-IV, three new Canadian contributors, and a new chapter on Sexual Gender Identity Disorder. The organization, level, and features of each chapter have also been standardized to resulting in a more consistent, unified student experience.

The Deepest Well

Though psychology is a comparatively 'younger' subject as compared to allied subjects like Philosophy, Anthropology and Sociology, recent years have witnessed remarkable strides in its study. Indeed, writings on the subject have been both prodigious and prolific because of the enormous interest evinced by those interested in psychology and because human behaviour—both complex and simple—is such a fascinating subject for study and research. This accessible and student-friendly text shows the 'what,' 'why' and 'how' of human behaviour patterns. The text emphasizes controlled and systematic studies to explain such behavioural aspects as sensing, perceiving, modifications of human behaviour, memorizing, the recollection of past events, and affecting processes. The text is interspersed with many examples to illustrate the concepts discussed. The concepts are well-supported with experimental as well as observational facts. What's more, the book acquaints the reader with the recent advances in the field of psychology.

KEY FEATURES

- Liberal use of examples to give a clear idea of the concept discussed.
- Step-by-step analysis of various psychological facts to facilitate better understanding of the subject.
- Presentation of new advances and discoveries in the field of various psychological processes.
- Glossary of terms besides chapter-end exercises and summaries.

Primarily intended as a text for undergraduate students of psychology, the book can also be profitably used by postgraduate students and all those who have an abiding interest in the study of human behaviour.

Essentials of Abnormal Psychology

The sixth Canadian edition of Abnormal Psychology continues its groundbreaking integrative approach to delivering the most modern, scientifically valid method for studying abnormal psychology through its balance of biological, psychological, social, and cultural factors. The author team blends sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. Revised to be lighter and easier to comprehend, the conversational writing style and consistent pedagogical elements of this text--as well as integrated case studies (95 percent from the authors' own files) and additional study tools--make this the most comprehensive resource on Abnormal Psychology available.

Abnormal Psychology

The number of people working in the field of clinical psychology has expanded significantly in recent years. The fifth edition of this very popular text has been extensively re-written and updated by two well respected editors who are closely connected with recent developments in the profession of clinical psychology. It

includes sixteen chapters that cover all the major domains of clinical practice, from work in primary care or with children and families, to clinical psychology as it is practiced with those with severe and enduring mental health problems, and those with eating disorders, to the work of clinical psychologists in forensic settings or in leadership positions. It also includes recent innovations in service provision such the Improving Access to Psychological Therapies programme (IAPT). The book opens with an overview of professional practice and a clear introduction to the major competencies and theories used by practitioners, followed by a series of chapters that are authored by practising clinical psychologists who all have extensive experience in their specialist areas. These chapters effectively and vividly describe the application of the reflective scientist practitioner model of working. The book concludes with a wide-ranging consideration of likely future developments and challenges. The text also addresses key issues including ethics, diversity and team working. A key feature is the provision of a living sense of what the job entails, while an appendix provides guidance on training routes. This volume clearly demonstrates that clinical psychology is a highly effective profession, which applies understandings and findings from the discipline of psychology to clinical contexts in order to ameliorate people's distress and to support their wellbeing.

Doing Psychology Experiments

"Understanding Abnormal Child Psychology, 3rd edition emphasizes developmental psychopathology as a means for understanding and treating abnormal behavior in children. The text emphasizes strengths and healthy outcomes as a means for designing effective therapies to help children and families, as well as focusing on prevention as a cornerstone of managing child behavior. Throughout this book, special attention is given to issues of diversity, inclusion, and understanding. The text also examines the relationships between children and their fathers as well as with other primary figures within families (i.e., siblings, step-parents, care-taking grandparents, foster parents, etc.). The Third Edition has been updated to include DSM-5"--

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders

Dreams puzzled early man, Greek philosophers spun elaborate theories to explain human memory and perception, Descartes postulated that the brain was filled with animal spirits, and psychology was officially deemed a science in the 19th century. In this Seventh Edition of AN INTRODUCTION TO THE HISTORY OF PSYCHOLOGY, authors Hergenhahn and Henley demonstrate that most of the concerns of contemporary psychologists are manifestations of themes that have been part of psychology for hundreds--or even thousands--of years. The book's numerous

photographs and pedagogical devices, along with its biographical material on key figures in psychology, engage readers and facilitate their understanding of each chapter. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Motivation

Now in its Ninth Edition, *Abnormal Psychology* gives students the opportunity to explore the latest theories and research in our ever-changing search for answers to the complex questions of psychopathology. The authors invite students to search for clues, follow-up on hunches, evaluate evidence, and participate in a process of discovery as they sift through the evidence on the origins of psychopathology and the effectiveness of specific interventions. In the new edition, Davison and Neale welcome new coauthor Ann Kring (University of California, Berkeley), who brings her interest and expertise in emotion and psychopathology, as well as an emphasis on gender, ethnicity, and culture. In addition, new pedagogy and a more open layout make the book more accessible to all students.

Abnormal Psychology

Contemporary research on major emotional disorders emphasizes their commonalities rather than their differences. This research continues to lend support for a unified transdiagnostic approach to treatment of these disorders that considers their commonalities and is applicable to a range of emotional problems. Unified Protocol for Transdiagnostic Treatment of Emotional Disorders provides an alternative to disorder-specific treatments of various emotional disorders, designed to be applicable to the wide range of anxiety and other disorders with strong emotional components. The Therapist Guide and accompanying client Workbook present an eight-module therapy program that puts substantial emphasis on emotion-focused approaches, helping clients confront and experience challenging emotions while teaching them how to regulate those emotions. Expanded considerably in this second edition, the volume provides guidance on using the Unified Protocol (UP) to address problems not only with anxiety, but also with depression, eating disorders, non-suicidal self-injury, substance use, and anger. Treatment procedures have been further elucidated and more guidance is provided to practitioners on how to present key treatment concepts. Chapters brand new to this updated edition introduce functional assessment and describe how to provide the UP in a group format, while patient materials have been revised, streamlined, and made more user-friendly.

Handbook of Assessment and Treatment Planning for

Psychological Disorders, Third Edition

How Children Develop has established itself as the topically organized textbook teachers and researchers trust for the most up-to-date perspectives on child development. The authors, each a well-known scientist and educator--have earned that trust by introducing core concepts and impactful discoveries with an unparalleled integration of theory, cultural research, and applications, all in a style that is authoritative yet immediately understandable and relevant to students. The new edition has been rigorously updated and welcomes co-author Elizabeth Gershoff (The University of Texas at Austin), who brings a breadth of research and teaching experience to the discussions of social and emotional development. It is also more interactive than ever before, with richer integration between the book and its interactive study features in LaunchPad.

Clinical Handbook of Psychological Disorders, Fifth Edition

Reflecting the latest research from the field, CASEBOOK IN CHILD BEHAVIOR DISORDERS, 6th Edition vividly illustrates the rich and arresting nature of disorders that first manifest themselves in childhood while also showing how a child's developmental patterns shape the expression of each disorder. Throughout the book, the author explores the DSM-5 criteria and highlights the interaction

between developmental and environmental influences for each disorder. An assortment of cases, including complex cases, effectively demonstrates how each disorder is expressed -- from presentation through diagnosis and treatment. Mixed cases encourage independent thinking as they challenge students to draw from their knowledge to come up with their own diagnosis. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Culture and Psychology

In its first edition, Richard Straub's text was acclaimed for its solid scientific approach, emphasis on critical thinking, real-world applications, exquisite anatomical art, and complete media/supplements package. The thoroughly updated new edition builds on those strengths to provide an even more effective introduction to the psychology behind why we get sick, how we stay well, how we react to illness, and how we relate to the health care system and health care providers.

PSYCHOLOGY

Chris Kearney and Tim Trull's ABNORMAL PSYCHOLOGY AND LIFE: A DIMENSIONAL

APPROACH, 3rd Edition provides students with a concise, contemporary, science-based view of psychopathology that emphasizes the individual first. Through consistent pedagogy featuring clinical cases and real first-person narratives, the text illuminates our understanding that abnormal behavior can be viewed along a continuum. By highlighting this widely accepted dimensional view -- which places the behavior of an individual at the forefront of clinical definition, assessment, and treatment -- the text's goal is to foster personal relevance for students and encourage them to become intelligent consumers of mental health information. The book also gives students a comprehensive understanding of the features and epidemiologies, risk factors and prevention, assessment and treatment, and long-term prognosis and associated stigma of mental disorders. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Elementary Science Methods

Revised to reflect DSM-5, this briefer version of Durand and Barlow's widely taught text fully describes abnormal psychology through the authors' standard-setting integrative approach--the most modern, scientifically valid method for studying the subject. Through this approach, students learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among multiple factors: biological, psychological, cultural, social, familial, and even political. A

conversational writing style, consistent pedagogy, and real case profiles--95 percent from the authors' own case files--provide a realistic context for the scientific findings of the book. In addition, these features ensure that readers never lose sight of the fact that real people are behind the DSM-5 criteria, the theories, and the research. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Clinical Interviewing, with Video Resource Center

Focused, fresh, and engaging, this text captures student interest and facilitates comprehension through the widespread use of current and highly relevant clinical case studies. The fully-revised fifth edition maintains the integrative approach to treatment using the biopsychosocial model, the emphasis on cases, and the succinct coverage that have been the foundations of the text's success. It now features a more focused approach than previous editions, with the goal of presenting only the most relevant research and clinical material.

Abnormal Psychology

Balancing biological, psychological, social, and cultural approaches, David Barlow and V. Mark Durand's groundbreaking integrative approach is the most modern,

scientifically valid method for studying abnormal psychology. In this Sixth Edition of their proven ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH, Barlow and Durand successfully blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies (95 percent from the authors' own files), video clips of clients, and additional study tools make this text the most complete learning resource available. For instructors, an Instructor's Resource Manual, Test Bank, and a wide selection of videos are available to use when teaching the course. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Cognitive Psychology

CULTURE AND PSYCHOLOGY, 6th Edition illustrates how and why culture influences mental processes and behaviors in humans, and is relevant for anyone interacting with people from different cultures. Incorporating current research that highlights the relationship between culture and psychology, the authors' use a cross-cultural framework that gives students the tools necessary for evaluating many psychological processes and principles from a cultural perspective. In addition, the

text encourages students to question traditionally held beliefs and theories and their relevance to different cultural groups today, and to apply what they learn to their own lives. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Great Political Thinkers

BOARD BOOK. It sure is tough being a toy, so find out why in these fun storybooks. With scenes from the brand new toy story hit movie, and fun rhymes on every page, follow either Buzz's journey or Woody's adventure in the film.

Understanding Motivation and Emotion

David W. Martin's unique blend of informality, humor, clear instruction, and solid scholarship make this concise text a popular choice for research methods courses in psychology. *DOING PSYCHOLOGY EXPERIMENTS* guides students through the experimentation process in a step-by-step manner, teaching them how to design, execute, interpret, and report on simple psychology experiments. Martin emphasizes the decision-making aspects of research, as well as the logic behind research procedures. He also devotes two separate chapters to many of the ethical questions that confront new experimenters - making this text a complete

introduction to the psychology laboratory. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Casebook in Child Behavior Disorders

Instructors Resource Manual to accompany Fundamentals of Abnormal Psychology please see main text ISBN 0716786257 for further details. MARKET 1: Second/third year modules on Abnormal Psychology within an undergraduate Psychology degree. Particularly useful for lower-level institutions, or those with students who do not have English as a first language.

Abnormal Psychology

Combining popular appeal with accessibly written entries suitable for research projects, this fascinating encyclopedia provides a thorough introduction to the psychological and scientific aspects of phobias. • Provides scientifically grounded, accessibly written content contributed by current leading researchers and clinicians in the area of phobias and anxiety disorders • Covers a variety of the most common specific phobias, including fears of spiders, enclosed spaces, snakes, and heights • Includes illustrative examples and case vignettes to bring

the subject matter to life • Supplies comprehensive coverage of scientific and clinical perspectives, with attention to historical, cultural, and popular contexts • Enables readers to trace the history, theories, and practices associated with the study and treatment of phobias

Abnormal Psychology and Life: A Dimensional Approach

Abnormal Psychology: The Science and Treatment of Psychological Disorders consists of a balance and blending of research and clinical application, the use of paradigms as an organizing principle, and involving the learner in the kinds of real-world problem solving engaged in by clinicians and scientists. Students learn that psychopathology is best understood by considering multiple perspectives and that these varying perspectives provide the clearest accounting of the causes of these disorders as well as the best possible treatments.

Abnormal Psychology + Casebook in Abnormal Psychology, 5th Ed.

COGNITIVE PSYCHOLOGY, Fifth Edition balances accessible writing, practical applications, and research scholarship while interweaving biology throughout the text. Utilizing the theme that human cognition has evolved over time as a means

of adapting to our environment, Robert J. Sternberg explores the basics of cognitive psychology through coverage of cognitive neuroscience, attention and consciousness, perception, memory, knowledge representation, language, problem-solving and creativity, decision-making and reasoning, cognitive development, and intelligence. Sternberg provides the most comprehensive coverage of any cognitive psychology text available. The book's from lab to life approach aptly covers theory as well as lab and field research while continually highlighting the applications to everyday life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Abnormal Psychology

Theories of Psychotherapy & Counseling: Concepts and Cases

Featuring current research, high-quality scholarship, and an appealing design, UNDERSTANDING ABNORMAL BEHAVIOR, 11th Edition, is a balanced, clear introduction to abnormal psychology. Fully updated to reflect the new DSM-5, the new edition features the Multipath Model of Mental Disorders, which visually and conceptually explains how mental illnesses are caused. Throughout the book, a

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focus on resilience highlights prevention and recovery from the symptoms of various disorders. This edition also continues its emphasis on the multicultural, sociocultural and diversity aspects of abnormal psychology. The authors present material in a lively and engaging manner, connecting topics to real-world case studies, current events, and issues of particular importance and relevance to today's college students. Overall, the book presents an evenhanded treatment of abnormal psychology as both a scientific and a clinical endeavor. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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